ALBERTA MAR 25 1929 EDMONTON LIBRARY

THE EMPRESS EXPRESS

VOLUME XVI. No. 42 EMPRESS, ALTA. THURSDAY, Mar. 21, 1929 Price: $2.00 Per Year.

United Church

The Church School, 2.00 p.m.
Public Worship, 7.30 p.m.

In all ages God has used men as mouth-pieces through whom he has spoken to others. Is he using you?

Come and worship Him in His house.

Rev. Geo. A Shields,
Minister.

Alberta Sets New Record in Oil Production

Of the 630,405 barrels of oil produced by wells in all parts of the Dominion in 1928, Alberta oil fields provided 488,268 or 77 4 p.c. This Alberta production of 488,268 barrels in 1928 compares with 318,741 barrels in 1927, showing an increase of about 170,000 barrels or more than 50 p.c. Total production for the Dominion last year was 630 405 barrels compared with 476,591 barrels in 1927.

The Empress BAKERY

Hot Cross Buns for Good Friday

Leave your orders

Town Deliveries made if required.

MURRAY
The Baker

DINNER TIME!

Watch your food and watch health

Health is but a wise man's wealth.

Health is wealth and you get your money's worth in this restaurant. Wholesomeness abides in this, the home of modern dishes with the old-fashioned flavor.

White Lunch

Good Meals at Popular Prices

Give us a trial when in town.

N. Frappier, proprietor

Stock of Game Birds To Be Increased

Some 2,000 Chinese ring-necked pheasants, 600 Mongolian pheasants and 3,000 pheasant eggs for hatching will be brought into Alberta this year, states C. A. Hayden, President of the Provincial Fish and Game Association. It is reported that the pheasants placed in several districts in the province last season have wintered very well and it is hoped that through the activities of the association and a number of local bodies, the supply of these desirable game birds will be greatly increased within the next few years

A Wheat Pool meeting was held in town on Friday in the United Church Sunday School room, when a number of farmers listened to Mr. Chard explain the workings and activities of the Pool and the reasons for a full farmer membership.

THE
GREB
SHOE

The No. 1 WORK SHOE, for work, ease and Comfort.

The Work Shoe that you can get in Half Sizes.

Shoe Satisfaction is a necessity if you are going to do your work comfortably and well.

Prices from
$4.50 up.

Guaranteed to Give Satisfaction

SANDY'S
If Men Wear It, Sandy Has It

Funeral of Former Resident (From the Gleichen Call)

On March 9th, there passed away at Gleichen, Alta., Jean B. Gresham, wife of the local station agent, H. H. Hall.

Mrs. Hall, who was born in Nova Scotia, was married to Mr. Hall in Alix, Alta., in 1913, where they lived till the following year. They then moved to Empress, Alta., where they resided for twelve years, coming to Gleichen about three years ago.

There is left to mourn her loss her husband and two daughters, Beatrice, eleven years, and Coraly, nine years; her mother, Mrs. Graham, and two sisters Mrs. Mair and Sadie Graham of Saskatoon, Sask.

The funeral service was conducted by Rev Mr. Corcoran, Tuesday morning in the United Church, and largely attended by relatives and friends of the family. That afternoon the remains were shipped to Calgary where interment took place upon arrival there, the service being also conducted by Mr. Corcoran. A number of former Gleichen friends, now residents of Calgary, were present and acted as pall-bearers.

The floral contributions were most beautiful and numerous, many coming from points where the family formerly resided, among which the following were noted:

Gleichen Mission Band, Mr. and Mrs. D. Hutcheson, Margaret and Betty; Mr and Mrs. Clifford; Mr. and Mrs. Downey; Mr. and Mrs. Bollinger, Bow Valley Chapter Royal Arch Masons; Mr. and Mrs. W. McConnell; Mrs. Young and Mrs. Hutcheson; United Church Choir; Eva and Carson, Medicine Hat; Empress Curling Club; A. Hankin and Mrs. Sexton and Kathleen; the Finch family; I O D.E. Empress; Mr. and Mrs. N. D. Storey; Mr and Mr. and Mrs., D. McEachern; Mr. and Mrs. E. McGill; United Church, Empress; Gleichen Masonic Lodge; Mr. and Mrs John G. Paxton; Mr. and Mrs. Mallory and Doris; Mr. and Mrs. George Chudleigh; Mr. Hall, Beatrice and Coraly; Mr. and Mrs. C. Goodeham; Can. Pac. Rly. Staff, Gleichen and Chancellor; Mr. and Mrs. Stubbs; Westmount Staff, Saskatoon, Sask.; Mr. and Mrs. A. G. Baker; Mother and Father Hall, Roy and Earle; Ed. and Margaret Munro; United Church Circle; Mr. and Mrs. D. Wons, Calgary; Mary and Laura Bruce Mother and Saidie; Mr and Mrs. A. Yates; Mr. and Mrs. Henderson; Mr. and Mrs. Rodminski; Mr. and Mrs. Michael; Mr. and Mrs. H. Bates; Mr. and Mrs. Wright and family; Wohelo and Pathfinder C.G.I.T. Groups; Mr. and Mrs. R. Moore; Mr. and Mrs. D. Lush, Mr and Mrs. J. N. Anderson; O.R.T. Members Medicine Hat Division; Alberta Star Chapter, No. 18; Mr. and Mrs. Cuthbert; Mr. and Mrs. T. W. Bates, jr. and Mr. and Mrs T. W. Bates, sr; Mr. and Mrs. R. S McQueen; Mr. and Mrs. E. W. Taylor; T. H. Beach; Harvey family; Session Board of Managers Gleichen United Church; Gleichen Curling Club.

Mrs. Hall had been ailing for many months' past, and many were in hopes of her recovery from recent reports. Thus her demise came as a surprise, even Mr. Hall for the first time in a long while absented himself and went to Calgary on Saturday morning to transact business, where he was informed of the sad intelligence.

She was a constant worker in the United Church here and for a long time was organist and member of the choir. She also took part in many entertainments and her passing is deeply regretted by a great number of friends, in fact by the entire community, who also extend the sincerest sympathy to Mr. Hall and his two little girls in their bereavement.

Empress Masquerade Dance Is Very Enjoyable Event

The annual masquerade dance held in the theatre on Wednesday night was a decided success. A pleasing display of beautiful and original costumes in goodly number were exhibited by the dancers. Judging was by voting; popular choice. Some one hundred votes were cast, the results being:

Ladies' Fancy Costume: 1st Prize, Miss Stroh as Madame DuBarry; 2nd, Miss Brown, as Militaire Girl.

Ladies' Comic: 1st prize, Miss Saunders; 2nd prize, Miss Mc Fadden (knockabouts).

Gentlemen's Fancy Costume 1st Prize: A. D. Bierwagen, Dragoon Guard; 2nd prize, J. Maxwell, Colonial Gentleman.

Gentlemen's Comic Costume: 1st prize, Mansell Leach, Seer; 2nd prize, Miss H. Arthur, Masculine.

The fun continued at a merry pace until the orchestra struck into a fitting closure at 4 a.m. by playing, "God Save the King" Geo. Riddler and his fellow musical artists rendered a pleasing brand of music and Dad Neilson had charge of the floor. Altogether the dance was a decided and much enjoyed by all patrons.

Junior Ball Game Saturday

The Kitchener High School baseball team are expecting to play the Buffalo Juniors here on Saturday afternoon. This is the first game of the season and an interesting battle is expected.

Tim McCoy in "The Bushranger"

The new picture is a vivid adventure in the Antipodes, with McCoy playing an Australian bushranger in an amazing series of escapes and battles in which his weapons are the Australian bullwhip and boomerang. With the whip he performs such amazing feats as picking an enemy's pocket, and binding another hand and foot at ten yards distance with the flying lash.

He stages a sensational escape by hurling a boomerang into a lamp at a ball and eluding the troopers in the darkness. Despite its thrills, a charming love story runs through the rapid-fire sequences of excitement.

Farewell Party

A well party was held at the United Church Manse on Tuesday, for Mrs. Whaley, in appreciation of her services in the Sunday School. The evening was enjoyably spent in social entertainment, and after a tasty repast a small presentation was made to the guest of honour.

New School Inspector Oyen District Appointed

R. J. Scott, principal of McKay Avenue School, Edmonton, has been appointed Inspector of Schools for the Oyen Inspectorate succeeding the late F. L. Aylesworth whose death occurred recently. Mr. Scott, who has occupied his present position for the past ten years, has had twenty-one years teaching experience and is well qualified for the new duties he will take up.

PUBLIC NOTICE

All cans must be placed in boxes and litter and refuse gathered in piles in preparation for the Spring Clean-up.

Local Board of Health.

Alberta Flier Wins Dominion Trophy

The McKee trophy awarded for the most meritorious flying done in Canada in 1928 has been won by Lieut. C. H. Dickens of Edmonton. Special mention is made in awarding this honour to Lieut. Dickens, of his flight of 3,964 miles across the Barren Land Canadian mid-winter. During the trip to report the while on a flight from Junction Good Hope, he crossed the Arctic Circle and has since returned to Edmonton, from where he is engaged in making regular flights into the far north.

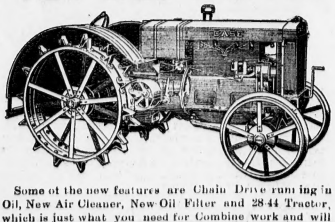
A grand novelty Dance will be held in the Bindloss hall, Monday, April 1.

Cod Liver Oil--- Health Builder

We stock standardized products only, of the highest quality obtainable. One teaspoonful is equal in vitamin content to one pound of creamery butter, or eleven pints of milk or nine eggs. Recommended for children and adults as a builder or strength producer

EMPRESS DRUG CO.

NEW CASE TRACTOR



Some of the new features are Chain Drive running in Oil, New Air Cleaner, New Oil Filter and 28-44 Tractor, which is just what you need for Combine work and will pull on extra plow and only weighs 5,000 lbs. and reduction in price from last year.

J. I. Case have Full Line of Machinery. Call and See.

Phone 58

The Empress Lumber Yards
J. N. ANDERSON, prop.

Mr. Car Owner

Do you know that it will pay you to change your Spark Plugs every 10,000 miles.

That it will pay for the same in the next 1,000 miles of your Gas bill.

ALSO Don't Forget that we have—

Batteries, Chains, Tires, Tubes, Oils, Etc.

For your convenience, CAR LICENSES, on hand.

Let us Do Your next Service Job.

It will pay you. We have the Stock, Tools and men who know how to make sick cars well

N. D. Storey, *the Ford Man*

CHEVROLET

An Outstanding Example
of United Effort



CHEVROLET
FISHER BODY
GENERAL MOTORS
Combined to produce this Car

NO single organization could have produced such a car as this Outstanding Chevrolet . . or offered it at such sensationally low price.

It is an outstanding example of the results of united effort.

The vast resources of Chevrolet, Fisher Body and General Motors were brought to bear on the problem of bringing six-cylinder quality, performance and prestige into the field of the low-priced car.

And the result is the Outstanding Chevrolet of Chevrolet History . . a car of beauty and engineering excellence . . a Six, in the price range of the four.

You do not know car values until you have inspected this amazing Chevrolet. C-16-2-29S

—a Six in the price range of the four!

Norris P. Storey,
EMPRESS ALBERTA

PRODUCT OF GENERAL MOTORS OF CANADA, LIMITED

The world's finest young tea-buds . . . Ripened under tropical suns . . . Bursting with fulsome flavor. That's Red Rose Orange Pekoe Tea—every package guaranteed. 77

RED ROSE TEA "is good tea"

RED ROSE ORANGE PEKOE is extra good

In the best package—Clean, bright aluminum

The West and Its Natural Resources

The question of the transfer of the public lands and natural resources in the West by the Dominion to the three prairie provinces is once again very much to the fore. Ever since the provinces of Alberta and Saskatchewan were formed; in fact, to some extent ever since Manitoba was created a province, there has been a demand on the part of the Western Provinces that they should be placed in a position of equality with the older provinces in the matter of ownership and control of the public domain.

Fortunately, the question has now passed out of the realm of partizan controversy, because all political parties, Liberal, Conservative, Progressive, at Ottawa as well as in the Prairie Capitals, are agreed that the transfer should be made. Not only so, but the Governments of the Eastern Provinces have waived the objections so long urged by them. It is now only a question of reaching terms acceptable to the West on the one hand, and the rest of the Dominion on the other hand.

Negotiations are now under way with all three prairie provinces. In the case of Manitoba, agreement has been reached with the Dominion to the extent that a Commission is now engaged in studying the whole question of terms. Negotiations with Alberta reached the point of an agreement being actually signed between the two Governments, but later, Ottawa proposed to insert a provision relative to the school lands which was unacceptable to Alberta, and the agreement was not proceeded with. Ottawa has since modified its position and an early settlement of outstanding differences seems likely.

Saskatchewan's position is somewhat different from that of the other provinces. Whereas Alberta is rich in coal, oil, and other resources apart from lands, and recent discoveries have revealed a Flin Flon and a Sherritt-Gordon in Manitoba, Saskatchewan's mineral wealth is yet to be proven. Furthermore, Saskatchewan's chief wealth has been found in its agricultural lands, and to a large extent these have already been disposed of by the Dominion, with the result that there is not as great wealth to be handed over by the Dominion to Saskatchewan as exists in the case of the other provinces. Saskatchewan, therefore, has a stronger claim for [illegible] of Manitoba for lands alienated under Dominion administration for the benefit of the people of all Canada. However, negotiations are in progress.

You may be sooner all these questions are finally settled and the Western provinces placed in control of their lands and resources the better. There cannot be complete unity among the provinces, nor full development of a national spirit and aims, so long as Western Canada is in the anomalous position of inferiority to the Eastern Provinces. The interests of the Dominion demand the removal of any cause for such feeling. Further, whatever arguments may have been convincing in 1905 for retention of the public domain by the Dominion on the ground that they could administer them better than could the newly created provinces with all the manifold tasks before them, and with but small populations and financial resources, those arguments are removed now that there are over two million people in the three prairie provinces with fully developed governmental institutions and strong financial credit.

Constitutional issues, it is true, are involved in any consideration of the matter. The West does not, and cannot, accept the interpretation placed upon certain enactments by the Dominion and the Eastern provinces, notwithstanding that Eastern opinion is greatly modified to what it was a few years ago. It would, however, be a mistake for the negotiating parties to take up positions based soley upon constitutional grounds. To do so would mean long and expensive litigation right through to the Privy Council, in England. Then, when the legal and constitutional issues were finally settled, an army of expert accountants would have to be engaged for years to delve into all the many transactions involving lands and resources since the passage of the first Dominion Lands Act, in 1872.

The sane, sensible, business-like thing to do now is for the representatives of the Dominion and the Provinces to gather around a table and reach an amicable agreement, fair, reasonable and acceptable to all. The sooner this big issue is settled the better for Canadian national unity and strength, and the quicker will the resources themselves be developed for use of the people and add to the growth, development and wealth of an Canada. So long as they remain in the present unsettled state neither Dominion nor Provincial Governments can proceed with proper and energetic developmental policies, and, as a result, progress is retarded.

Will Introduce Flag Bill

Resolution Dealing With Canadian Symbol Will Be Considered

The adoption of a Canadian flag will come before parliament during the present session through a resolution placed on the order paper by C. R. McIntosh, Liberal member for North Battleford.

The resolution of Mr. McIntosh calls for the appointment of a special committee "for the purpose of considering the advisability of adopting a Canadian flag representing Canada as a whole which shall form part of the British flag as the symbol of the dominion as an equality partner in the commonwealth of British nations."

Books are the ever burning lamps of accumulated wisdom.—Curtis.

The First Dose Relieves the Cough

And there are 40 doses in a 25-cent bottle! Pleasant to take and instant in action in every kind of Cold. Relieves Bronchitis, Croup and Whooping Cough. Prevents "Flu" and Pneumonia. Eases irritated throats. Buy "Buckley's"; Sold by all druggists and guaranteed.

W. K. Buckley, Limited
142 Mutual St., Toronto 2

BUCKLEY'S MIXTURE
Acts like a flash—
a single sip proves it 917

75c. and 40c.

Keeping High Ideals

Rule Of Famous Artist Is Good One To Follow

A famous artist strictly resolved not to look at silly or funny pictures, simply because, when he himself wished to paint all these funny pictures crossed his thoughts, and consequently they were interwoven in his work. Hence he made it a rule to look only at great masterpieces. By doing this he ever kept his mind full of great conceptions, and thus he found it much easier to paint great pictures himself. If people would only make it a rule to observe only that which is great and good, they would find it much easier to live a great and pure life.

The most obstinate corns fail to resist Holloway's Corn Remover. Try it.

Breaks All Records

Breaking all records for long distance telephone communication, Prince Carl, brother of King Gustave, and his wife, the Princess Ingeborg, conversed from Stockholm, Sweden, with the Crown Prince and Princess of Belgium, who were at Bandoeng, Java, Dutch East Indies. The distance traversed was 8,383 miles. The conversation was carried by wire to Amsterdam from Stockholm and thence by wireless to and from Java.

Ask for nothing but what is right and submit to nothing that is wrong.

Use Minard's Liniment for the Flu.

Non-Inflammable Paper

German Gives Successful Demonstration Of His Fireproof Invention

A paper that does not burn has been discovered. The German inventor, Mr. Franz Franck, gave a demonstration recently. He took a sheet of ordinary newspaper, crumpled it into a ball, and wrapped this highly combustible object in a sheet of his fireproof paper. Thus protected, he held it for a few minutes in the flame of a laboratory blast lamp hot enough to melt a glass window-pane. Not only did the fireproof wrapping survive, but the ordinary paper inside was not even scorched.

NERVOUS INDIGESTION AS A RESULT OF FLU

A Severe Sufferer Overcame This Trouble By Taking Dr. Williams' Pink Pills

No ailment of recent years has proved so treacherous as has the Flu. The disease itself is bad enough but the after effects is where the real danger lies. The Flu leaves behind it a weakened body, impoverished blood, shattered nerves and an impaired digestive system. Too much stress cannot be laid on the importance of rebuilding the blood and strengthening the nerves during convalescence. Until the blood is built up there can be no recovery of health and strength. The one sure blood-builder is Dr. Williams' Pink Pills. Start a treatment of them today and see how soon you show signs of robust health again.

Among the many victims of the terrible Flu epidemic of 1919 was Mrs. Irving Maxwell, of Bancroft, Ont. Read what this lady has to say concerning what Dr. Williams' Pink Pills did for her:—"After an attack of the Flu I was left in an extremely weak state. My blood was impoverished; I was seized with indigestion and stomach trouble; my nerves were shattered and nothing my doctor gave me seemed to help me in the least. I continually grew weaker and weaker till finally I lost all control of my nervous system. My mother, who had used Dr. Williams' Pink Pills with good results for anaemia, strongly advised me to give them a trial. I did so, and after using three boxes I noticed some improvement. I persisted in the treatment and by the time I had used seven boxes I was fully restored to health again, and although I am a mother of six children I am now able to do all my work around the house and feel as well as ever I did in my life before. What these Pills have done for me they will surely do for others."

Dr. Williams' Pink Pills are a tonic, not a stimulant. They build up the blood and are a specific for such troubles as indigestion, rheumatism, women's ailments and the general wornout feeling that affects so many people. They are sold by all medicine dealers or direct by mail at 50 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

The Airplane Ambulance

Actual Demonstration To Be Given In Paris Next May

The airplane which has already proved its worth as a passenger, mail, and express carrier, is now to become an ambulance.

An international congress will assemble in Paris next May to consider air transportation of sick and injured in both military and civil life, the Commerce Department has been advised by its representatives there.

Actual demonstration of the airplane ambulance will be given at Le-Bourget Field, where a pseudopatient will be bundled aboard, carried to some provincial village and returned.

Its Quality Sells It.—The fact that so many thousands of intelligent people continue to use Dr. Thomas' Eclectric Oil speaks volumes for its healing efficiency. Ever since it was first introduced it has grown steadily in public favor, owing entirely to its manifold usefulness in relieving and healing sickness. As a specific for cuts, burns, scalds, and various inflammatory pains its record is beyond reproach.

Friction between two surfaces depends upon the pressure applied and not on the amount of surface contact. Theoretically, a large bearing has no more friction than a small one at equal pressure.

No man expects a great deal from marriage. He is quite satisfied if his wife is a good cook, a good sport, an attentive audience, and a patient nurse.

HEADACHE RELIEVED . . . QUICKLY

CARTER'S LITTLE LIVER PILLS

This Purely Vegetable Pill quickly relieves the digestive disturbances, removes the intestinal poisons, and sick headache quickly disappears. Your whole system enjoys a tonic effect, constipation vanishes, and you feel a renewed vigor. Avoid bromides and dope, they are depressing and harmful. All Druggists 25c and 50c red pkgs.

CARTER'S LITTLE LIVER PILLS

To Develop Home Art Industries

Canadian Handicraft Guild To Hold Exhibition In Regina

The Canadian Handicrafts Guild, whose object is to encourage, revive and develop home art industries throughout Canada, will hold an exhibition in the Saskatchewan Hotel, Regina, March 20 to 23rd, 1926. The exhibit will be open to anyone free of entry fee or charge who is skilled in making bead work, basketry, embroidery, knitting, laces, leather work, metal work, pottery, quilts, rugs, sewing, weaving, wood work, etc. Everything, however, must be handmade.

The object of the Guild is to preserve the knowledge and skill possessed by our people and to encourage industry and thrift in the home of the public, making their work profitable and honorable by means of exhibiting the products of their skill and to keep records in order to prevent the extinction of any arts or crafts. The Guild will undertake to sell any exhibits that are sent in but every person should, of course, put his or her price on the article.

One feature of the exhibit will be to educate the public to the value of good handwork, so that a demand may be created for these handicrafts thereby enabling our people to find their interesting and artistic work at home remunerative.

This is the first exhibition that has been held in Saskatchewan but in other provinces successful exhibitions have been held in which the sales have gone as high as $50,000.

Anyone interested in any way should communicate with the Secretary, Canadian Handicrafts Guild, Saskatchewan Hotel, Regina, and any information will be cheerfully furnished. The Guild is not a profit-making institution, (there are no entrance fees), but is out to help others help themselves. No time should be lost, therefore, in writing at once to the secretary, for information.

The Folk Song and Folk Dance Festival at Regina, will be held at the same time and a most interesting four days is expected.

The First Fort Kamloops

City Of Today Stands On Site Of Old Trading Post

When history was in the making on the wooded slopes of Queenston Heights in 1812, another chapter in Canada's story was being written thousands of miles westward, when Alexander Ross, near the junction of the north and south branches of the Thompson River, traded for ten days with 2,000 Indians gathered at Cumcloups. A few months later in the fall of the year, David Stuart built the first Fort Kamloops for John Jacob Astor, and here the trade was carried on for many years. Today the city of Kamloops stands on the site of the old trading post, and a flourishing city it is, too, and not far overgrown with weeds mark the spot where the hard-faced fur traders stood in the van of the fast-marching white civilization.

PARENTS HAPPY WHEN BABY SLEEPS SOUNDLY

Here's a way to soothe crying, wakeful babies to sleep quickly and easily. It's the way doctors endorse and millions of mothers have proved is safe and harmless. A few drops of purely vegetable, pleasant-taking Fletcher's Castoria, has the most fretful, restless baby or child asleep in a few minutes! And for colic, constipation, colds and upset spells there's nothing like Castoria. The Chas. H. Fletcher signature is the mark of genuine Castoria. Avoid imitations and be safe.

Elevator Merger Announced

The Fort William "Times-Journal" announces the consummation of a merger under which the Western Grain Company, Limited, has been formed to take over the assets and undertakings of six grain and elevator concerns that have been in operation for periods ranging from 19 to 27 years. The companies include the Western Elevator Company, State Elevator Company, Central Grain Company, Spencer Grain Company, Beaver Grain Company and the Western Terminal Elevator Company.

Contract For Sugar Beets

The Lethbridge Northern Irrigation District will contract for 2,000 acres of sugar beets this spring, according to announcement made at the annual meeting of the Southern Alberta Beet Growers' Association.

All mothers can put away anxiety regarding their suffering children when they have Mother Graves' Worm Exterminator to give relief. Its effects are sure and lasting.

Whatever He Thought

This isn't a new one, but it is worth re-telling. A little girl ran into her home one afternoon and said to her maiden aunt, a Christian Scientist: "Auntie, you know that old man on the corner who was ill?"

"You mean he thought he was ill" corrected the aunt.

"Well, now he thinks he's dead," said the little girl.

Minard's Liniment for the Grippe and Flu.

CHILDREN'S COLDS

are doubly dangerous after Flu

Physicians advise that the chief danger in this epidemic is AFTER influenza. Then, more than ever, colds attacking a child's weakened system may lead to bronchitis, pneumonia, sinus trouble, abscess of the ear, mastoiditis, or even the dread meningitis.

Check Colds Without "Dosing"

A peculiarity of influenza is that its toxins leave the digestive system upset. Too much "dosing" further disturbs the digestion and lessens the appetite, just when the child needs nourishment more than ever. Internal medication should therefore be avoided, except on the advice of a physician.

As Vicks VapoRub is applied externally, it can be used freely at the first sign of a cold with no fear of upsetting even the most delicate stomach. Just rub it on the throat and chest at bedtime.

Vicks Acts 2 Ways at Once

(1) Its medicated vapors, released by the body-warmth, are inhaled direct to the inflamed air-passages, loosening the phlegm and easing the difficult breathing.

(2) At the same time, Vicks acts through the skin like a poultice, "drawing out" tightness and soreness, and thus helping the vapors to break up the congestion.

Of course, Vicks 2-way action is just as effective for adults' cold-troubles as it is for those of children.

VICKS VAPORUB

For Colds of All the Family

Ex-Kaiser Was Angry

Letter In Reference To Naming Liners Gave Directors Good Laugh

Ex-Kaiser Wilhelm II. it seems, when he heard that two great transatlantic liners now being built at Bremen in Germany, were not to be named, respectively, Frederick the Great and Wilhelm the Great, after two of his most renowned Hohenzollern ancestors, wrote an angry protest to the directors of the company for which they are being built. In this letter he scolded them in terms which must have made them rub their eyes and wonder for a moment whether Germany was now a republic, Wilhelm, an exile in Holland, and their action anything except a flagrant case of lese-majeste. Wilhelm, to be sure—according to report—repented of his letter soon after it was written and tried to get it back before the directors read it, but he was too late. It was opened and read and raised many a good laugh among those in Bremen who are closer to what has happened since 1918 than the squire of Doorn.

First Bird—Don't you know better than to sit on this chimney? You're getting all dirty.

Second Bird—Scots me all right.

It is the cause and not the death that makes the martyr.

Queer Sign Of Mourning

It was the custom among Romans to shave off the beard at the age of twenty-one and present it as an offering to the household gods. A beard was grown after that age only as a sign of mourning.

Short of Breath Smothering Feelings Choking Sensation

Mrs. H. Day, Dartmouth, N.S., writes:—"For over a year I was troubled with smothering spells and shortness of breath, and it was impossible for me to walk, even a short distance, because of the choking sensation which followed.

After trying many treatments, in vain, I at last decided to try

MILBURN'S HEART AND NERVE PILLS

and in a surprisingly short time they did me much good.

Price 50c per box at all druggists or dealers, or mailed direct on receipt of price by The T. Milburn Co., Ltd., Toronto, Ont.

Of a sane man there is only one safe definition: he is a man who can have tragedy in his head and comedy in his head.

For Colds —



How many people you know who end their colds with Aspirin! And how often you've heard of its prompt relief of sore throat or tonsilitis. No wonder millions take it for colds, neuralgia, rheumatism; and the aches and pains that go with them. The wonder is that anyone still worries through a winter without these tablets! They relieve quickly, yet have no effect whatever on the heart. Friends have often told you Aspirin is marvelous; doctors have declared it harmless. Every druggist has it, with proven directions. Why not put it to the test?

Aspirin is a Trademark Registered in Canada

BAYER ASPIRIN

Wide Democratic Changes In Salvation Army And Its Future Government

London, Eng. — General Edward Higgins, new head of the Salvation Army, in an interview with the Associated Press recently, outlined his platform which projects wide democratic changes in the Salvation Army's constitution and future government.

"I intend immediately to appoint a commission of a half dozen specialists to consider changes which must be made in the 1878 constitution deed to which the disputed 1904 deed poll is only supplemental," he said.

"This will involve legal issues requiring expert advice and the ultimate invocation of an act of parliament to effect changes which will destroy one-man power over the Army's temporal affairs and put the constitutional foundation of the Army on a broader basis forevermore. Our domestic affairs we can care for ourselves.

"Another commission will investigate the question of the command succession. While I cannot foretell what will be their conclusions, my own opinion is that the Army's general should be elected for a term of 10 or more years subject to a strict age limit upon reaching which retirement would be compulsory."

Amend Post Office Act

Bill Has Been Given First Reading In House Of Commons

Ottawa, Ont.—A bill amending the post office act was given first reading in the House of Commons. The measure concerns the ownership of newspapers. It provides that a sworn statement must be furnished to the post office semi annually giving the names and addresses of editors, owners and stockholders and other particulars. Religious publications are not affected and the names of small stockholders may be omitted in all returns, according to a clause in the bill. It is proposed that failure to comply with these provisions may incur a penalty of denying admission of dilutory newspapers to the mails. A further clause provides that paid reading matter must be marked as advertisements. Neglect to comply with this provision under the bill would incur a fine of not less than fifty dollars and not more than five hundred dollars on conviction. The measure was introduced by T. L. Church, Conservative, Toronto northwest.

Heads League Society

Ottawa.—Dr. H. M. Tory, president of the National Research Council of Canada, was elected president of the League of Nations Society at the seventh annual meeting held recently.

Stricter Penalty For Violating Drug Act

Amendments Under Consideration To Curb Traffic In Narcotics

Ottawa.—The House of Commons considered in committee of the whole a bill to amend and consolidate the opium and narcotic drug act. The measure provides increased penalties in cases of conviction for selling, giving away, or distributing drugs without a license from the minister of national health. Under the clause inserted a judge may at his discretion, sentence a convicted person to be whipped, in addition to the imposition of fine and imprisonment. A further change provides that persons guilty of infractions of the act shall be liable to payment of costs of prosecution. Other amendments are incorporated, a number of which are for purposes of clarity.

Trapped In Burning Cabin

Neighbor Unable To Effect Rescue Of Three Prospectors

Sioux Lookout, Ont.—Trapped by flames in their tiny cabin, three prospectors lost their lives at the narrow Woman Lake Portage, according to word reaching here. With them perished their four dogs which were chained to the outside of the building.

The three victims were Tony Tyrell, and men named Gougan and Voigt.

No word is yet available as to where the three came from. Terrified barks of the dogs roused R. T. Dynes, sleeping in a shack some distance. He rushed outside to see the cabin in flames but found it impossible to effect a rescue. He could not even get near enough to release the still living dogs.

Word of the tragedy was brought out by aeroplane.

Dispute Was Settled

Canadian Workers Re-Instated In Old Positions In Toronto

Ottawa.—In the House of Commons H. B. Ashead, Labor, East Calgary, asked the Minister of Labor whether he had any information to give the members with refernce to German immigrants brought into this country to replace Canadian workers in Toronto.

Hon. Gideon Heenan replied that he was now able to inform the House that a settlement had been reached whereby the Canadian workmen were re-instated in their old positions at the same wages which they received prior to the dispute.

Canadian Nationality

Resolution Introduced In House Of Commons Deals With Live Question

Ottawa.—In the House of Commons, E. D. R. Bissett (Liberal, Springfield), moved a resolution to the effect that persons born in Canada shall be described as being of Canadian nationality in all legislation and official and other documents. Mr. Bissett further proposed that persons of the white race, born of parents whose family residence in Canada is more than three generations, shall be described as being of the "Canadian race" in all legislation and official and other documents. After a considerable discussion the resolution was withdrawn.

He submitted that there are some four million persons entitled to be known as Canadians from a racial standpoint.

D. F. Kellner (U.F.A., Athabasca), declared it was high time the people of Canada recognized the existence of a Canadian race, "for they were the only people in the world who did not do so."

Hon. R. B. Bennett, leader of the opposition, stated there was no such thing as "national" to be applied to people of the Dominion, and added "we are all British subjects; we are Canadian citizens so long as we continue within the empire."

Will Make No Change

Thanksgiving Day and Armistice Day To Be Celebrated As Two Distinct Features

Ottawa.—Thanksgiving Day and Armistice Day will continue to be celebrated in Canada as two distinct features of national life, the one in acknowledgement for the bounties of Providence, and the other in homage to the memory of Canada's sons and daughters who gave their lives in the great war. This was affirmed when the House of Commons rejected a resolution introduced by F. W. Gershaw (Liberal-Progressive, Medicine Hat), the purpose of which was to combine both Thanksgiving and Armistice Days into one holiday, on November 11, annually.

Rapid Comeback For Britain Predicted

Sir Alfred Cope Sees End Of Period Of Depression

Montreal.—That Great Britain was rapidly coming to the end of the period of depression and that she would come back to the foremost position she once held was predicted by Sir Alfred Cope, under-secretary of state for Ireland from 1919 to 1922.

He is at present managing director of the Amalgamated Collieries of South Wales and is here in the interest of marketing Welsh coal in Canada. He said the coal industry had introduced economics long overdue.

Cold Severe In Austria

Vienna.—The Austrian parliament was suspended for two weeks by Chancellor Seipel because of the cold weather. The government explained that this would save five tons of coal daily. The government is rationing coal and has sent urgent telegrams to Poland and Czecho-Slovakia, begging those countries to rush fresh supplies.

PASSES EXAMINATION



C. B. Kay, the first Canadian student to pass the final examination of the chartered institute of secretaries, London, England.

May Require Aid Of British Parliament

To Smooth Out Difficulties In Connection With Manitoba Act

Ottawa.—The possible necessity of invoking the legislative machinery of the British Parliament to smooth out certain difficulties of certain lands in Manitoba, was raised by R. W. Craig, counsel for the province, at a session of the Manitoba natural resources hearing.

Mr. Craig, during the course of his argument, pointed out that the British Parliament had passed the Manitoba Act of 1870 and provision had been made whereby it could not be changed by the Dominion parliament.

It might be necessary, in order to change the present financial terms between the provinces and the Dominion, to have the British Parliament validate such change by statute, Mr. Craig declared.

Historical authorities were quoted and precedence cited by Mr. Craig in support of his contention that the Dominion's interest in the province's lands were primarily of legislative jurisdiction and did not involve proprietary rights.

Large Butter Consumers

Canadians Use More Butter Than Any Other Nation

Vancouver, B.C.—Canadians are the largest consumers of butter in the world, declared Dr. J. D. Ruddick, Dominion Dairy Commissioner, in addressing the Western Canada Dairy Convention here on "Dairy Progress in 1928." Their annual per capita consumption, he put down at 27 pounds to which must be added 3½ pounds of cheese. Increased home consumption, according to Dr. Ruddick, had led to a large drop in butter exports and in this connection he referred to the huge consumption of dairy products by the automobile tourists who annually invaded Canada, this trade alone now accounting for between 12,000,000 and 15,000,000 pounds of butter every year.

Vancouver.—Official announcement that the provincial government intended to shortly establish a market branch was made by Premier S. F. Tolmie, at the banquet here of the Western Canada Dairy Council Convention.

Will Send Samples Of Garnet Wheat To British Millers

Ottawa.—At a meeting here with Hon. W. R. Motherwell, minister of agriculture for Canada, of a large deputation of persons interested in the western grain trade, it was suggested that a shipment consisting of 3,000 or 10,000 bushels of Garnet wheat should be sent to Great Britain and other countries which buy Canadian wheat in considerable quantity.

This wheat would be sold to millers in the different countries, and their comments and findings in connection therewith asked for. It was suggested also that some part of the wheat collected for shipment might be used by certain Canadian millers, who also would be asked for their comments.

If no seriously adverse criticisms were received from the foreign millers, the Grain Board would be expected to allow Garnet to go into the same grade as Marquis for the 1929 crop.

The foregoing suggestions, says a statement issued by Mr. Motherwell, were all agreed to by the meeting, and the department of trade and commerce will proceed at once to secure the necessary quantities of first-class Garnet wheat to make up this shipment, and to see that it gets into the hands of millers in Great Britain and other countries of Europe purchasing Canadian wheat.

These millers will be requested to report soon upon their experience with the Garnet wheat handled by them. At the same time, samples of the shipment in relatively small commercial milling quantities, will be supplied to certain Canadian millers, who will also be asked to report upon their experience in connection with milling and handling the flour therefrom.

In 1927, the statement says, the inspection department of the Board of Grain Commissioners decided that the maximum grade that should be allowed for the new variety, Garnet, should be No. 2 northern. This fact caused a great deal of dissatisfaction among the farmers of the western provinces.

The farmers' dissatisfaction was due in no small measure to the fact that they judged that milling practices which were so strongly in evidence in 1927, would very probably be equally in evidence in connection with the 1928 crop, and they felt that consequently the Garnet wheat, for which the revised payment on the basis of No. 2 northern, might very well find its way into a No. 1 northern mixture, or, at any rate, be used to raise a No. 3 grade wheat to No. 2.

The inspection department felt, however, that the grade given to Garnet was a proper one, particularly as the Grain Act requires that, for wheat to grade No. 1 northern, it must be equal to Marquis, and the evidence available had not quite established such equality.

Wholesale Murder

Chicago Gangsters Mow Down Seven Victims With Machine Guns

Chicago.—Chicago gangsters posing as policemen invaded the North Side stronghold of the George "Bugs" Moran gang, lined up seven helpless, unarmed victims with their faces to a white brick wall, and mowed them down with automatic pistols and machine guns.

The wholesale execution, an innovation in Chicago gang history, which brought the total gang victims to more than 135 in the last few years, was carried out with all the precision of an army firing squad. Five men drove up to Moran's headquarters in a garage at 2122 North Clark Street, after putting through a telephone call inquiring whether certain members of the gang were there.

They rushed into the garage with drawn pistols and machine guns, informing the seven men they were police officers. Some of them flashed stars, and others wore parts of police uniforms. Without ado they herded the victims to a courtyard in the rear.

Overhead gleamed a powerful electric light to make the work of the firing squad easier. Whether the victims realized they had been trapped by a clever ruse will never be known. There was a word from the leader, the clatter of machine guns and pistols, and the massacre was completed.

A few minutes after, the firing squad, still carrying the pistols and machine guns, sauntered out, climbed into an automobile, stowed the weapons in the rear and drove away. Apparently few persons heard the firing.

Reparations Payment

Amount Of $2,500,000 To Settle Claims To Canadian Citizens

Ottawa.—Shortly before adjournment of the House of Commons, Hon. Fernand Rinfret, secretary of state, moved the adoption of a resolution for the payment of reparation claims to Canadian citizens up to a total amount of $2,500,000. Debate was adjourned.

Strong opposition was voiced by Hon. H. H. Stevens (Conservative, Vancouver Centre) against the amount which the government proposed to pay. Mr. Stevens believed that with the exception possibly of a certain class of claims all amounts approved by the reparations commissioner should be paid in full.

Alaskan Wins Dog Derby

Laconia, N.H.—Leonhard Seppalla, Alaskan musher, won the New England championship dog sled race by beating out Emil St. Goddard of The Pas, Man., on the last 15 miles of the race and finishing 12 minutes and 17 seconds ahead of St. Goddard for the three-day run.

Vote Puts End To Question Of Granting Of Titles In Canada

Ottawa.—There will be no return to titles in Canada. By a vote of 111 to 60 the House of Commons defeated a resolution moved by C. H. Cahan, Conservative member for St. Lawrence-St. George, which raised once more the vexed question of the granting of titles in Canada.

The vote cut across party lines. It showed the Prime Minister and Hon. R. B. Bennett, Conservative leader, uniting in support of the motion. It divided the cabinet, the majority of its members present opposing the resolution. It divided the Liberal and Conservative parties, the majority of liberal members present opposing the resolution, while the majority of Conservatives found themselves in support of Mr. Cahan's proposal.

Only in the smaller groups of the house was there unanimity of opinion. Progressives, members of the U.F.A., Independents, and Labor members all united in opposition to the resolution.

Mr. Cahan's resolution did not advocate the return of titles to Canada. It asked merely for the appointment of a special committee of the commons, consisting of 11 members, to "investigate a report upon the advisability of qualifying, amending, or rescinding the address to His Majesty the King, which was adopted by this house in May 1919, dealing with the conferring by His Majesty of titles of honor or titular distinctions upon His Majesty's subjects domiciled or ordinarily resident in Canada."

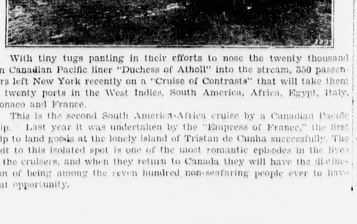
It also asked that the committee consider and report upon the acceptance or use by persons in Canada of titular distinctions conferred by foreign governments.

The debate, however, indicated that many members felt that acceptance of the resolution might prove to be the thin edge of the wedge which would open the way for a return of titles. The recent discussion was featured by a statement from Hon. Charles Dunning, minister of railways and canals, that not one member of the government favored the restoration of titles in Canada.

Mr. Cahan, himself, who closed the debate, pointed out that his resolution contained not a word about the restoration of titular distinctions. Personally, he did not advocate the revival of titular distinctions in Canada, but he felt that His Majesty should be in a position to reward merit with some simple recognition on the advice of the government of the day.

A number of members who participated in the discussions voiced strong opposition to the conferring of titles. William S. Irvine (U.F.A., Wetaskiwin), expressed the view that a really big man did not require a title, and a man who was not big could not be helped much by tagging one on.

A CRUISE OF CONTRASTS



With tiny tugs panting in their efforts to nose the twenty thousand ton Canadian Pacific liner "Duchess of Atholl" into the stream, 350 passengers left New York recently on a "Cruise of Contrasts" that will take them to twenty ports in the West Indies, South America, Africa, Egypt, Italy, Monaco and France.

This is the second South America-Africa cruise by a Canadian Pacific ship. Last year it was undertaken by the "Empress of France," the first ship to land goods at the lonely island of Tristan de Cunha successfully. The visit to this isolated spot is one of the most romantic episodes in the lives of the cruisers, and when they return to Canada they will have the distinction of being among the seven hundred non-seafaring people ever to have that opportunity.

New Approach To Settlement Of The Disarmament Plan

London, Eng.—It was learned in well-informed circles that proposals for a new approach to settlement of the disarmament problem may be made by the British government to the United States in the near future.

There were definite indications of a feeling in British government circles that an entire new system of approaching the disarmament question was needed. It was understood that this attitude would be applied to all armament problems that are not already regulated by treaties.

It was stated that a new method of solution would be sought in an effort to safeguard Anglo-American friendship and allay suspicion and misunderstanding in both the United States and Britain.

Past attempts to arrive with mathematical precision at a parity of naval strength, matching ship for ship, and ton for ton, is now viewed by an increasing number of British officials as having been the chief obstacle to an armament agreement between Britain and the United States. They have been able to see little indication of the possibility of agreement on an equality basis.

Therefore they are now considering what other method can be used for the solution of the problem and they seek specially one which would be based largely on mutual confidence and goodwill.

The influential Britons who have been trying to shape this government's United States policy so that it would lead toward conciliation on all difficulties, have been staying away from any action that might involve disputes on technical questions. They have feared that such questions would arouse public misunderstanding on both sides of the Atlantic.

This attitude applies, for instance, to the United States Senate resolution proposing a conference on naval law. The gulf separating the traditional British and United States views on the subject is so wide that in some high quarters it is believed that such a conference would be unable to reach an agreement. Therefore they have considered that it would be undesirable, because it might arouse further international misunderstandings.

Canada's Aggregate Trade Shows Remarkable Increase In the Last Fourteen Years

Each recurring year comes as a call for personal and national stock-taking. **The first concerns the individual personally, the second is the concern of every patriotic citizen. So it is not amiss to consider the position of Canada on her material side and as occupying a place in the world economy out of all proportion to the ration her population bears to that of the principal countries that are her competitors in the open markets of the world. At the end of 1927 the Dominion ranked fifth in the volume of her imports, exports and general trade, yielding rank in these respects only to the United Kingdom, United States, Germany and France, all nations of greatly larger population. Following Canada, in the order of their trade aggregates, come British India, Japan, Italy, Argentina and the Netherlands.**

That Canada should occupy so honorable a position in the trading roster of the world is a matter of legitimate pride, heightened by the rapidity of the Canadian expansion. In 1913, the year before the war, Canada ranked only eighth in the volume of her import trade, tenth in the volume of her exports, and ninth in aggregate trade. The Dominion's rise to fifth place in aggregate value thus lies entirely within the war and post-war periods and is both remarkable and, probably, unparalleled in trade history. Moreover, it is even more surprising when it is kept in mind that Canada still numbers less than 10,000,000 people, and that her increase in population has been relatively slow. Because of this the Dominion takes a much higher place when the point of view is restricted to per capita trade.

In the last complete calendar year before the outbreak of war, Canada ranked seventh in that regard among the countries of the world in export trade, but in 1927 had reached second place, out-ranked by New Zealand alone. In import trade Canada ranked seventh per capita in 1913, rising in 1927 to fifth. In aggregate trade per capita Canada moved from sixth place to second in the same period, being excelled by the much smaller Dominion, New Zealand. Taking the visible trade balance, Canada held third place in 1927, following the United States and British India, but on a per capita basis, the Dominion led the world.

Canada's fiscal year ends March 31, and for the last complete year to that date in 1928 her aggregate trade was returned at $2,323,599,934. This represents an increase in fourteen fourteen years of $4,240,635,585, or 114 per cent. Import trade has increased from $692,032,392 to $1,087,-117,920 by $393,085,528, or 57 per cent. Export trade has increased from $393,232,657 to $1,238,782,004 by $854,549,947, or 215 per cent. The value of Canadian trade continues to increase, further increments being recorded in the present year. Comparing the aggregate for the 12 months ended July last with the previous corresponding twelve months, an increase is shown of over 5 per cent., both imports and exports being appreciably greater.

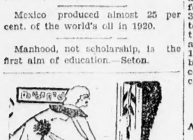
Business Is Increasing

The Manitoba Cordage Company reports a year of steady progress. A crop of approximately 1,200 acres of hemp was planted during the year as compared with 600 acres during 1927. Four hundred acres of hemp were grown at Rheim, Saskatchewan. Manufactured products are meeting with a favorable reception and a gradually increasing business is being done.

Self-defence is the clearest of all laws and for this reason—the lawyers did not make it.

Mexico produced almost 25 per cent. of the world's oil in 1920.

Manhood, not scholarship, is the first aim of education.—Seton.



"Sis, we've got company."
"How do you know?"
"Mamma is laughing at dad's jokes."—Buen Humor, Madrid.

Idea Of University Training

When Properly Applied It Is Most Valuable Asset

"A university training is the great ordinary means to a great but ordinary end; it aims at raising the intellectual tone of society, at cultivating the public mind, at purifying the national taste, at supplying true principles to popular enthusiasm and fixed aims to popular aspiration, at giving enlargement and sobriety to the ideas of the age, at facilitating the exercise of political power, and refining the intercourse of private life.

It is education which gives a man a clear, conscious view of his own opinions and judgments, a truth in developing them, an eloquence in expressing them, and a force in urging them. It teaches him to see things as they are, to go right to the point, to disentangle a skein of thought, to detect what is sophistical, and to discard what is irrelevant. It prepares him to fill any post with credit, and to master any subject with facility. It shows him how to accommodate to others, how to throw himself into their state of mind, how to bring before them his own, how to influence them, how to come to an understanding with them.—John Henry Newman.

Winnipeg Newspaper Union

Fashion



Individual Chic

Its individuality and wearability will appeal to the thrifty woman who chooses practical daytime clothes. The surplice cut of bodice and vestee makes it quite suitable for woman of average full figure. The two-piece skirt cut on conservative lines is just slightly flared. The crushed girdle to give smooth hipline is shirred at right side with sash end attached under closing at left side. Style No. 359 chooses sheer woolen with fallie crepe vestee. Printed sheer velvet, crepe satin, canton crepe, flat silk crepe and wool crepe are suitable fabrics that can be worn for shopping or afternoon. For the 36-inch size 3½ yards of 40-inch material with ¼ yard of 40-inch contrasting is sufficient to copy it exactly. Pattern designed in sizes 16, 18, 20 years, 36, 38, 40 and 42 inches bust. Price 25 cents in stamps or coin (coin is preferred). Wrap coin carefully.

How To Order Patterns

Address: Winnipeg Newspaper Union, 175 McDermot Ave., Winnipeg

Pattern No. Size

Name

Town

Champagne can only be made from grapes grown in an area limited by the French Government.

Canada's Copper Production

Government Report Indicates Large Increase In This Industry

Within five years Canada will produce approximately 250,000 tons of metallic copper annually, or roughly ten times the present consumption of the Dominion's industries utilizing this metal, according to present indications and calculations of experts of the Mines Branch of the Department of the Interior, upon a basis of minimum production of newly-developed mines in the Dominion.

Under existing conditions the bulk of the copper thus produced would be refined in the United States and brought back to Canada. This would be the case, at least, until the establishment of a smelter at some suitable point which could refine the production of Canada's eastern mines and the re-opening of the huge smelter at Trail, B.C., which has been closed since the cutting off of its supply of copper ore from the Granby Consolidated holdings at Copper Mountain, now shipping to Tacoma, Wash., for smeltering purposes.

Believes Greenland Route Most Logical

Only Solution To Problem Of Trans-Atlantic Airplane Travel Says Michigan Professor

Prof. W. B. Hobbs, of the University of Michigan, who is laying tentative plans for a fourth expedition into Greenland, believes that the only satisfactory solution to the problem of trans-Atlantic airplane travel lies in the Greenland-Iceland route.

"Since safety is the primary factor in mapping out a regular air route the northern route across Greenland and Iceland is the only one which offers a solution to the problem," Prof. Hobbs says.

"Weather conditions and winds in the far north are much more favorable than those encountered along the traditional ship lanes to Europe and the water jumps much shorter and less perilous.

Care of Cut Flowers

Flowers must be taken care of by the purchaser. When you open a box of cut flowers from the florist's the stems have air in them. So it is not enough that you put the flowers immediately into a vase of water. Cut off about half an inch at the end of the stems and immerse the stems in warm water till the flowers are up to their necks in the liquid. Then the water passages will soon be filled and the flowers are ready for the vases.

Memorial For Pioneer

Near Lethbridge, Alta., a monument consisting of a stone cairn has been erected to commemorate the discovery of a coal mine and the pluck of its finder, Nicholas Sheran was a pioneer of 1872. He was made of stern stuff, for his market, Fort Benton, was 200 miles away. To cart the precious fuel to his market he employed bull teams, and many weeks of hardship and toil it must have taken him.

GOING TO NEW SCHOOL



Miss Edith Eisler, teacher at a Toronto public school, is among the 12 teachers who will be sent to one of the other dominions as an exchange instructor for one year.

Supplementary Ration For Breeding Poultry

Good Results Obtained From Use Of Cod Liver Oil

It is now being recognized that the fertility, hatchability, and viability of eggs may be influenced by the manner of feeding the laying hens. During the hatching season the Experimental Station at Kentville, N.S., carried out an experiment to determine the effects of using such supplementary feeds as cod liver oil, raw liver, bone meal, etc., when added to the regulation ration given to the breeding stock. The regulation ration used consisted of dry mash made up of 100 pounds each of cornmeal, oatmeal, bran and middlings, and 50 pounds of beef meal, ½ pound of salt was added to every 100 pounds of the mixture. The test groups of hens were fed alike on this mixture, in addition some of the hens received, when fed singly, cod liver oil, one teasponful to four birds daily; raw liver, half an ounce per bird daily, and bone meal, five per cent. by weight of dry mash. When these special feeds were given in combination only half of these amounts were used.

The experiment was divided into two parts with a week elapsing between them. The results of this experiment are given in detail in the report of the superintendent of the station for 1927, published by the Department of Agriculture at Ottawa. The most outstanding conclusion to be arrived at from the study of this report, which may be obtained at the Publication Branch, is that the pens using the cod liver oil were outstanding, particularly in the percentage of hatchability of eggs laid.

Placing the Blame

"Do you claim that your wife dragged you down to this awful plight?"

"Yes, lady; she's the cause absolutely."

"And how did she ruin you?"

"Well, it's lotke this. I got 'er three good jobs and she lost them all by 'er 'igh'anded ways."

NEW LIEUTENANT-GOVERNOR AND FAMILY



Above is a recent picture of J. D. McGregor, his wife and two sons. Mr. McGregor was named by the Rt. Hon. Mackenzie King to fill the position of lieutenant-governor to Manitoba, which has been vacant since the death of the Hon. T. Arthur Burrows. Picture (1) Mr. McGregor. (2) Mrs. McGregor, who will act as hostess at the Government House. (3) and (4) are Kenneth and Allan McGregor, his two sons, who have large stock farms in New York and North Dakota, but are home to help their father while he is in office.

First Letter Was Carried By International Air Mail Nearly a Century Ago

Forming New Dominion

Territories In East Africa Uniting Under British Flag

A "black dominion" of 10,000,000 persons governed by a scattered handful of white men under the British flag is slowly taking shape in East Africa.

The project includes the vastly rich Tanganyika area. Tanganyika covers 373,000 square miles and has been held by Britain under a mandate since the war. Uganda and Kenya are the other proposed component parts of the new dominion of the British Empire.

A hint of the proposals is found in the report of a commission investigating conditions in East Africa, under the chairmanship of Sir Edward Hilton Young. The commission recommended further improvement in administration and appointment of a high commissioner for the three territories. This might eventually lead to creation of the post of governor-general, according to certain quarters and the first step towards creation of a dominion.

Kenya is the largest white colony, numbering 12,500. The 422 officials there rule some 2,736,000 natives. They are slowly developing a great trade in cotton, hides, ivory and timber with Britain and the United States.

Nairobi, capital of Kenya, is a little city planted in the midst of the jungle.

Tanganyika has a population of almost 4,000,000. Uganda which has been under British rule since 1894, has 3,200,000. In each territory the natives are slowly being educated.

Some observers are of the opinion that the British plan is ultimately to link up these territories with Northern and Southern Rhodesia, which are to the south and under British rule. Then, it is pointed out, the legislative link might be extended to the even larger territories of the Union of South Africa.

See Snow-Garbed Rockies On Skis

Party Explores Tonquin Valley and Maligne Lake

The magnificent scenery of the Tonquin Valley is greatly magnified by its winter mantle of snow, according to four men who have been seeing it on skis. Warden Macklin, Frank Borstrom, Joe Veias and R. Morrison have returned to Jasper after three days' exploring. Using a log cabin as their base, they visited Chrome Lake, Amethyst Lake, Moat Lake and the country about the base of Tonquin Hill. They encountered five feet of snow on the ciklands, and good ski-ing conditions. Much of the small bush and low trees of the summits was covered by deep snow, which provided a much larger ski-ing surface than would appear to the eye of the visitor in the summer time. The return route was from the Maccarib Pass and down the Portal Creek valley to the Edith Cavell motor road and the main Athabaska Valley.

The same group ski-ed from Maligne Canyon to Medicine Lake cabin, a distance of about 13 miles, pushed on another 10 or 11 miles to Maligne Lake and spent some time in these magnificent surroundings. They saw a large herd of caribou on the west shore, about a mile from the chalet, many deer and abundant moose tracks. Among the animals they saw on the Tonquin trip were caribou, wolverine and lynx.

Idea Was Not a Success

The importation of two pairs of reindeer into Switzerland last spring has not proved successful. Of the four animals which arrived in Chateau d'Oex only two now remain. During the exceptionally hot summer both the males died, as did two young ones, born in June. This will be a disappointment to the winter sports enthusiasts, who were looking forward to a new form of skijoering, in which the reindeer was to have taken the place of the horse as motive power.

Subject To Question

Although a tablet on a London tavern states that Samuel Pepys, the famous diarist, was born in house on that site, there is doubt about it. No one really knows whether he was born in London or in a Huntingdonshire town.

Containing only three streets and less than one hundred houses, St. David's, in Pembrokeshire, England, has a famous cathedral and is entitled to call itself a city.

An interesting "story of the first air mail," a story that must be little known, was sent to the Manitoba Free Press from the Winnipeg vice-consulate of the Netherlands. The story explains how:

"The first letter known to have been sent by international air mail was received by Willem I., King of the Netherlands, more than 92 years ago. It happened on Nov. 7, 1836. On that day, Robert Holland, a British capitalist, accompanied by Monck Mason and Charles Green, embarked in a balloon for a trip across the North Sea channel. The King's councillor-general at London, Mr. J. W. May, handed the balloonists a letter addressed to the King of the Netherlands. The balloon landed at Weilburg, Germany, where the letter was mailed to The Hague. King Wellem was so delighted with the novelty of the fact that he ordered the letter to be filed with the annotation 'to be carefully saved.'"

Of course this disclosure of mail delivery made by balloon nearly a hundred years ago is a sharp contrast illustrating the advances in the uses now made of the air. Indeed, where a start even had not been made, an advance can hardly be recorded. Controlled aerial locomotion is so new that it did not exist when balloons were tossed about at the mercy of each whiff of wind. When the King of the Netherlands thought wonders had ceased when his letter descended with the balloon which transported it, nothing was known of air craft and air service as we have come to know them. Nothing of this was known at the beginning of last century, and little more at the beginning of this one. Knowledge of transit's newest dimension manifested itself only in the last quarter-century, and the greatest strides in putting it to the most astounding practical uses have been taken in the last ten years or so.

As the vice-consul of the Netherlands remarks, "Today the sending of mail from Holland to the Dutch East Indies, and return, a distance each way of about 10,000 miles, is a common occurrence." And he asks, "What would King Willem have said if he had received a letter from Batavia or Sourabaya, written ten days previously, and reading, 'We hereby confirm our telephone conversation held this morning, etc.'? Yet such letters are actually being received in Holland today.

Whatever the King of the Netherlands would have said at the thought of such rapid communication, he couldn't, a hundred years ago, have regarded it as much more unlikely and wholly impossible than did most of this generation at the beginning of this century. And it is altogether permissible to presume that the King of the Netherlands referred to would be little more perplexed at the advances made in the air since his time, than we would be with the further advances that will be made in the next fifty or a hundred years.

Auto Blazes Northern Trail

The second automobile to make its difficult way over rough trails and tote roads from Saskatoon, Sask., to The Pas, arrived there recently. The motorists were E. E. Smith and S. Johnson, of Saskatoon. Until they bounced into The Pas no motor car had made the trip since John Dreman drove over logs and muskegs in 1924.

"He sure believes in Farm Relief."
"Yeah?"
"Yeah, just foreclosed the mortgage an' relieved me of my farm."

Pedestrians should be seen and not hurt.



"All my ancestors died of throat trouble."
"Laryngitis?"
"No, a tight rope."—Buen Humor, Madrid.

Report Gratifying Progress

Town Planners Say Movement In Canada Shows Remarkable Growth

"The mayors of two hundred and fifty cities and towns in Canada have been circularized in a special drive to promote town planning, conducted under the auspices of the Association of Dominion Land Surveyors," said T. H. Bartley, D.L.S., who presented the report of the town planning committee to the annual convention of that association at Ottawa. This action follows a desire for co-operation with the town planning institute on active educative work. Although it will scarcely be possible to gauge the direct result of this campaign at least some good results may reasonably be expected.

A review of town planning artivities for the past year shows greater activity throughout the Dominion than ever before. The capitol ied in actual results with its construction of the Champlain bridge across the Ottawa River, which completes another splendid driveway, and opens up the approach to the fine scenic area on the northern side of the river; and with the preparation, by clearance of two large spaces, for the new Confederation Park and Square. Construction on the new block of government buildings on Wellington street is also in progress.

Vancouver's comprehensive zoning plan, backed with the necessary legislation, is expected to be published shortly. The municipalities of Point Grey and South Vancouver have been amalgamated with the city. Point Grey, it is pointed out, has a fully developed scheme of its own.

Alberta, with its recently formed bureau of town planning, and Saskatchewan with its new town planning act, are now doing good work by stimulating the interest of communities in town and rural planning. In Manitoba, Winnipeg has recently completed a study of conditions with a view to drafting a zoning by-law and at Fine Falls, a model town which promises to be an excellent example of community housing applied to industrial development is being erected.

The growth of the town planning emphasized, the committee points out, by the fact that the cities of Toronto and Quebec have each recently appointed a town planning commission and advance along progressive lines is anticipated.

Would Protect B.C. Salmon

Fencing Rivers To Restore Run Is Plan Suggested

Protection of spawning grounds from the natural enemies of the fish was advocated in the British Columbia legislature by Dr. H. C. Wrinch, Liberal, Skeena, as a means of restoring the sockeye salmon run in British Columbia streams.

Taking exception to pessimistic views on the outlook for the salmon, Dr. Wrinch told the legislature of experiments recently brought to his notice which had been held years ago in Alaska. There, he said, a stream had been fenced, and for a period of about ten years fifteen hundred sockeye alone were permitted to pass through to the spawning grounds. All other kinds of salmon, as well as other fish that preyed on them, were shut out. When the sockeye salmon were brought back again, he said, it was discovered that there was a run of thirty thousand fish, where before there had been only ten thousand. Similar results were claimed for every year.

"Hurrah! Five dollars for my latest story."

"Congratulations, young man. From whom did you get the money?"

"From the express company. They lost it."

The happiest people are those who are so busy they don't have time to think about whether they are or not.



"I have not ordered because I am waiting for my wife."

"There is a gentleman over there who has said the same for an hour—couldn't you have a drink together?" Meggendorfer Blaetter, Munich.

Trying To Raise Standard

Canadian Seed Growers Association Encourages Use Of Best Varieties

In the great wheat growing areas of Western Canada the use of pure seed of varieties adapted to the growing districts is of great importance. Investigations carried on by the Cereal Division of the Department of Agriculture, at Ottawa, as well as by other institutions indicate the need for the utmost attention to this matter.

Referring to this question in his latest annual report, Mr. L. H. Newman, Dominion cerealist, regards the development of dependable seed as one of the most important and most pressing features of the work of his division. The cereal division has done a great amount of work in developing dependable varieties of grain, particularly in producing pure seed of varieties adapted to the widely varying conditions found in this country. It is recognized that while plant rigour may produce and develop superior varieties, yet, real value in such varieties to the country depends upon the extent to which they come to be used. To encourage and promote a more general use not only of the best varieties, but of good seed of these varieties the Canadian Seed Growers' Association was organized some twenty-five years ago. The Dominion cerealist and this organization are working in close co-operation to raise the general standard of the cereal growing industry in this country.

Banner Year For Sheep

Statistics Show Farmers Received Higher Returns In 1928

In the main Canadian sheep owners have experienced another banner year, state officials of the Canadian Co-Operative Wool Growers, in summarizing the 1928 results. Prices for both wool and lamb have been most remunerative, the wool clip averaging from five to twenty-five per cent. above values for the previous season and lamb prices fully equal to the high level of a year ago.

The sheep population of the country has shown a steady increase, with excellent gains in the four western provinces and Ontario. Practically all good females have been retained for breeding purposes, and there seems to be an increasing tendency on the part of grain growers to follow the Australian example of adding sheep to their farm operations. A few of the larger sheep ranchers in Southern Alberta have sold part of their holdings, it is true, but a greater number of these have gone to increase the population of British Columbia, into which, it is estimated 5,000 head of breeding ewes were transferred from the prairies last fall alone. The development of sheep ranching in the interior of B.C. during the past three of four years has been little short of marvellous.

No Age Limit For Work

Nothing But Poor Health Can Interfere With One's Ability

The French Government has decided that a man is not too old at 60 to work in a Government office. It has raised the age of superannuation to 63 and in certain exceptional cases to seventy. This news has caused a flutter of lamentation among the "fonctionnaires." They have been content in the past to be superannuated at 60. Why should they be made to work longer now for their pensions? Yet there is ample justification for the new rule. No man, unless he is broken in health, is too old nowadays to work at 60. Men of sixty are not too old to play golf, nor to marry, nor to commence the writing of their memoirs, nor to embark upon a hundred other enterprises as laborious as these. Why should they be considered too old to carry on tasks which the experience of years makes simple and almost effortless for them? There is no age-limit to a man's ability to do good work; there is only the limitation of health. Take care of yourself and practice moderation in all things and you will be doing good work in your eighties. Others have done it before you.

South Produces Fur

Most of us are inclined to associate furs with the northern lands, but in the United States the two greatest fur-producing states are Louisiana and Arkansas. The muskrat and the 'possum are the chief contributors to the fur wealth of these states.

The world is full of a number of things—it's hard to keep up payments on all of them.

No English household is complete without a weather barometer.

Good Chance For Canada

Orient Has Great Undeveloped Markets For Occidental Industry

It is good news that an expedition of Canadian business men selected from boards or trade all over the Dominion is to invade the Orient shortly on the hunt for opportunities for Canadian trade there.

Mr. S. T. Dixon, president of the Vancouver Board of Trade, is pioneering the movement. Vancouver naturally has her eyes firmly fixed to the eastward, but it is much to be hoped that the other Canadian cities will be well represented in the scouting party. The possibilities of Oriental trade should be illimitable. The Orient and Africa are the world's last great undeveloped markets for occidental industry, and the former has an enormous and organized population, many of whose reqirements can be met, at least for years to come, by western industry. Geography is altogether favorable to this country. Opportunity seems to be knocking at the door.—Montreal Star.

Says Canada Should Develop "Sea Sense"

Essential To Development Of Country Declares Captain Wallace

The development of a "sea sense" among the inland population of Canada is a vital factor in the future development of the country, believes Captain Frederick William Wallace, former Bluenose skipper and well known Maritime author, who took part in the direction of the sea music festival at Vancouver recently.

"Canada, with a huge seaboard depending on export markets to dispose of much of what we produce, must look to her ports, ships and shipping as a predominant part of her development," he said in a newspaper interview. "With the development of a sea consciousness growing slowly, it is important that we keep alive the glorious old British traditions. Many of these have been passed along in sea songs of various kinds and it is through revival of some of the old sea music here that much more may be accomplished in this respect."

Captain Wallace referred to the fact that in the time of wooden ships, Canada had listed more than 3,700 ships and barques of 500 tons and over, and stood forth in shipping, among the nations, a condition that passed with the sailing ships.

No Fire Needed

A woman had bought a new piano and was proudly displaying it to a friend. This friend knew that the woman, being of a somewhat frugal disposition, never had a fire lit in the room in which the piano was, and she, therefore, advised the piano-owner to have a fire occasionally to prevent the instrument being damaged by damp.

"Oh" exclaimed the other, "we don't need a fire! You see, we've put the piano against the wall where our neighbor's fireplace is."

Judge Cluer, at Shoreditch, to a woman: Are you a widow?

Woman: Yes thank you, sir.

Lines Being Tightened

Fight Against Illicit Drug Traffic Slowly Gaining Ground

Slowly, but surely, the League of Nations' fight against the opium and narcotic evil is swinging around to the United States' viewpoint of a world-wide limitation of manufacture to the "scientific and medical necessities" of the world. This is known almost to an ounce. Germany has come out in favor of the American thesis. Despite the fact that she is one of the world's largest producers of cocaine, heroin, morphine and allied habit-forming drugs. Germany has adopted the principle of limiting productions to the legitimate requirements of her own population. The commerce—legitimate, of course—in stupefiants is not large enough to justify the odium that charges of supplying the illicit trades heaps upon them, the Germans hold.

Spain and Italy, two non-producing countries of Europe, have also taken the lead in the crusade against drugs and are advocating the strictest kind of control.

Although the League Council has been instructed by the assembly to go ahead with the formation of the "central board" authorized by the Geneva Convention of 1925, the refusal of the United States to participate in it, and the skepticism with which other nations are thought to look upon its presumable effectiveness, presages but a small measure of success for it.

At the moment the traffic in illicit drugs is heavier than ever before, if seizures can be taken as a criterion of the amounts put into circulation. However, the lines are tightening. Organizations engaged in fighting the evil predict that the day is near when "dope fiends" and "coke addicts" will disappear from society.

Nation Requires Youth

Without It Any Country Will Become Decadent

A land without youth is a dying, decadent land. Replenish its dwindling population with mature immigrants and it will continue to die. A nation is not what its old men make it, but what those old men were in their youth.

Canada's greatest hope for the future lies in her youth, than no land or age ever produced better. The energy and spirit shown by the youth of this generation, often to the consternation and confusion of their elders, is the source to which the nation must look a few years hence for its energy and spirit. —Montreal Herald.

Protecting Young Trees

The Forest Service, Department of the Interior, Canada, reports that prairie farmers who plant seedling trees furnished by the Department have found that lightly smearing the young trees with axle grease helps to protect them from damage by rabbits.

Mining In British Columbia

British Columbia is the banner province of Canada in the production of non-ferrous base metals. Geological exploration began in 1871 with the entry of British Columbia into the Dominion.

Winter Golf at Victoria, B.C.



This photograph was taken not to illustrate a golf story so much as to demonstrate that the English city of Victoria, B.C., has something on the rest of the Dominion when winter sport is the consideration. This was taken on January 21. During the week of February 18, the Empress Hotel mid-winter golf tournament for the E. W. Beatty challenge trophy was held on the beautiful Colwood Golf Course. That is winter in Victoria, B.C.

Says Mountains Not Only For Wealthy

Average Man May Enjoy Pleasures Of Peaks

"It is strange how many people of the prairies have deprived themselves in the past of the pleasures of a vacation in the mountains because of an idea that high altitude extends itselfs to living expenses," said Osborne Scott, general passenger agent of the Canadian National Railways, in discussing Jasper National Park. "They are mistaken, of course. A holiday in the mountains can be just as cheap as a holiday anywhere else—that is of course, if you want a real holiday. It isn't everyone who can go off on a months' trail riding or a climbing expedition or who can take a hunting trip beyond the boundaries of the park, but the average man and his family can enjoy a week or two for a surprisingly small outlay. They can ride, take the old motor trip, and hike, and they can have the joy of seeing the snowy peaks about them, of gazing at the brilliant lakes, and of breathing in the wonderfully exhilarating mountain air, without feeling too great a strain on their purses. Every year, scores have the time of their lives at the Y.M.C.A. camp on the shores of Lake Edith—a more attractive spot would be hard to imagine—and there are hotels in the town of Jasper which offer comfortable catering at reasonable rates. Last summer a new hotel, the Athabaska, was built at a cost of more than $100,000. It has 50 rooms. Several other hotels increased their accommodation last season, and it is not likely that they will be disappointed in their anticipation, for Jasper becomes better known every summer, and the average Canadian is beginning to learn that a vacation in the high altitudes is within his reach.

Result Of Feeding Tests

Grains Lacking Proteins and Minerals Make Pigs Unthrifty

Feeding tests conducted at the Dominion Experimental Station, Lacombe, indicate that pigs placed on a ration made up entirely of meals from the cereal grains tend to become unthrifty and, as a result, make slow and comparatively expensive gains as compared with pigs whose rations are properly supplemented. The cereal grains are deficient in both protein and mineral matter. A certain amount of protein for body growth, and mineral matter for bone development must be supplied with the home grown cereals before maximum development of the growing pig can be attained. The addition of skim-milk or buttermilk to a cereal grain ration has been found to be the most satisfactory one supplying the necessary elements for the growth of bone and body but when these dairy products are not available, or available in limited quantities only, various combined protein and mineral supplements, and mineral mixtures are effective in speeding up gains and cutting down the amount of grain required to produce a hundred pounds of pork.

An "Endowed Sermon"

Has Been Preached In English Town Yearly Since 1481

St. Mary's Church in the Suffolk town of Bury St. Edmunds, England, is the scene of an "endowed sermon" which is 448 years old.

The annual preaching of this sermon was provided for in the will of Jankyn Smith in the year 1481. It has been preached every year since that date.

Each almshouse inmate who attends the service receives a shilling. This year the trustees of the endowment fund revived an ancient custom which had lapsed in recent decades. After the sermon the trustees adjourned to the guildhall and as guests of the vicar were regaled with cake and ale.

In Right Place

A southern senator recently met a colored woman he had not seen since the days when he was county attorney.

"Auntie," remarked the senator, "I hope your man doesn't abuse you the way he used to."

"'Deed he doesn't, Mistah Tom; 'deed he doesn't, suh."

"Well, I'm mighty glad to hear that. After all, I guess his heart is in the right place."

"It sho is, Mistah Tom," she chuckled; "and the rest of his body also is, too. He's in jail."

Mrs. Hotte—"Our baby was one year old yesterday."

Mrs. Dogge—"I know how happy you felt; my Fifi is just 6 months old today."

Varieties of Wheat

Report Gives Result Of Tests Made At Lacombe Experimental Station

Many varieties of wheat have been tested side by side at the Lacombe, Alberta, Experimental Station. In his report of the work of the Station for 1927, published by the Department of Agriculture, at Ottawa, Mr. F. H. Reed, the superintendent, makes the observation that the heaviest yielding sorts are not always the best varieties to grow. Such late maturing kinds as Renfrew and Early Red Fife, Ottawa 16, are so late maturing that the grain produced takes such a low grade that it has little more value per pound than oats or barley. A second group of varieties which includes Marquis, Huron, Red Bobs, and varieties of similar maturity, frequently escape frost injury and are considered safe varieties to grow on fallow or new breaking in the park belt of the province of Alberta. The third, or early maturing group, which includes varieties with maturity similar to Garnet and Reward, are much safer varieties from the standpoint of maturity. Speaking of Marquis, otherwise known as Ottawa 15, Mr. Reed expressed doubt if a better wheat can be found for most districts where it will mature. While numerous varieties will produce higher yields under certain conditions, there is no other variety which combines the desirable characteristics of a good wheat to the same extent as Marquis. Growers who are farming in districts where Marquis matures and where it is not affected with rust, are advised by Mr. Reed to continue growing this variety as commercial grain. The newer variety Carnet, Ottawa 652, has proved its suitability on many farms in the park belt of Central Alberta during the year under review. In most cases it has graded from one to three grades higher than any other variety that has been grown side by side with it. Voicing the opinion of some of the wheat growers the superintendent points out that Garnet has a slight tendency to shatter and further, that the straw is not quite as strong as some other sorts. Prelude, Ottawa 235, continues to hold its position as the earliest maturing variety grown at the Lacombe Station. This variety is bearded, a rather low yielder, and has the weakness of shattering badly when well ripened.

Philosophy Was Sound

Great Buddha Preferred to Let Abuse Go Unnoticed

It was related of the great Buddha that after some one had heaped a lot of abuse upon him, he turned to the one who had reviled him and asked the question: "If you offer something to a man and he refuses it, to whom then does it belong?" The man replied: "It belongs, I suppose, to the one who offered it." "Well, then," answered Buddha, "the abuse and vile names you offered me, I refuse to accept."

There is good philosophy taught in this incident. Our attitude toward abuse or unkind criticism has much to do with its effectiveness or otherwise. There is much criticism which we can afford to allow to go unnoticed. Slights and slurs do not reach their mark unless they hurt us. People who utter taunts do so in order to cause suffering and create disparagement. If we can rise above them and give evidence that we are not wounded by them, we have gained a great victory. A rubber ball does not make much of an impression upon a stone wall, and a daub of mud can easily be washed off a polished floor.

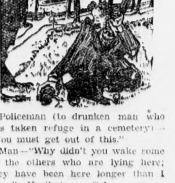
Her Snappy Reply

"Got anything snappy in rubber bands?" asked the boy from the big town.

"No," said the salesgirl sweetly, "but we've got something awfully catchy in fly paper."

Canvasser: Is the master of the house in?

Young Father (wearily): Yes; he's asleep upstairs in his cradle.



Policeman (to drunken man who has taken refuge in a cemetery): "You must get out of this."

Man—"Why didn't you wake some of the others who are lying here; they have been here longer than I have."—Karikaturen, Oslo.



Packed in vacuum tins to preserve aroma and flavour. Get a tin and try it.

20

WORLD HAPPENINGS BRIEFLY TOLD

The Canadian Chamber of Commerce has decided to affiliate with the International Chamber of Commerce with headquarters at Paris.

A great swarm of locusts, which were devastating Palestine, were driven into the eastern deserts by the high winds and the crops are saved.

Hugh Lawley, an Oxford man, has patented a radio set, of four tubes, that he has built into a miniature grandfather's clock.

Lily Langtry, famous actress and long known as the "Jersey Lily," died recently at Monte Carlo from an attack of bronchitis.

The Grecian chamber of deputies has ratified the Kellogg anti-war treaty and the non-aggression pact with Italy.

Canadian breeders will exhibit in the neighborhood of 1,500 birds at the World's Poultry Congress to be held at Crystal Palace, London, in July, 1930.

Russia, Poland, Rumania, Esthonia, and Latvia have signed a protocol by which the terms of the Kellogg-Briand renunciation of war act are placed into effect immediately as between themselves.

It is authoritatively stated that the two British cruisers upon which construction started a few weeks ago will be 10,000 tons each, the maximum displacement under the Washington treaty.

The Associated Press learns on good authority that Dr. Hjalmar Schacht, president of the German Reichsbank, told the reparations experts that Germany could no longer pay at the present rate under the Dawes plan.

Cutting Corns With Razor Leads To Lock-Jaw

Don't cut corns with an old razor blade. Infection, followed often by death may result from paring corns with an infected razor. Quick, safe relief comes from using PUTNAM'S CORN EXTRACTOR. If afflicted with corns, callouses or sore toe-bumps, use "PUTNAM'S"—it's reliable, and sure to shrivel up the corns so they drop right off. No pain, no soreness, but quick relief from sore corns comes to all who use PUTNAM'S PAINLESS CORN EXTRACTOR. 25c. at all dealers.

In the building of a railway line in French Equatorial Africa, 17,000 negro laborers have died from disease, privation and exposure.

There are only 3,000 veterinary surgeons in England.

FARMER'S WIFE GETS STRENGTH

By Taking Lydia E. Pinkham's Vegetable Compound

Wilton, Ont.—"I am taking Lydia E. Pinkham's Vegetable Compound through the Change of Life. It helps me and I cannot praise it too highly. I was troubled with heat dashes and my limbs were heavy so I could hardly walk to do my farm work. I saw in the newspapers your ad about the Vegetable Compound and thought to give it a trial. The first bottle gave me relief and I have told others what it does for me. I am willing for you to use my letter if you choose."—Mrs. D. H. Pitman, Wilton, Ontario.

Ask Your Neighbor

W. N. U. 1773

Suggests Fire Insurance Pool

Prairie Provinces May Carry Own Risk On Schools

Suggestions to the school trustees' organizations of Saskatchewan and Manitoba that a fire insurance pool be undertaken on the three prairie provinces covering insurance on school buildings will be made as a result of the adoption of a resolution by the Alberta School Trustees' association at its annual meeting in Lethbridge.

A report was received from W. E. Turner of Calgary, delegated last year to investigate the possibility of the schools of the province organizing their own fire insurance scheme. His report showed that, on the insurance premiums paid and losses of the past two years, the Alberta boards could build up a half million insurance fund in five years and it was felt that if Saskatchewan and Manitoba would come into the undertaking the plan would have good chance to succeed.

Calgary was chosen as the convention city for the 1930 convention.

Winnipeg Newspaper Union

Fashions



Two-Piece School Dress

An attractive two-piece dress of wool jersey in soft green shade with black grosgrain ribbon bow tie. The kilted skirt is attached to a camisole bodice. The jumper has tucks at either shoulder with girlish Peter Pan collar and pockets for "hanky." Style No. 262 is designed in sizes 8, 10, 12 and 14 years. It is very smart in printed wool jersey with plain collar, belt, cuffs and pockets. The skirt can be made of navy blue jersey, soft woolen in dark blue plaid woolen or velveteen, and worn with jumper of contrasting fabric in cotton, wool or velvet. Linen, cotton broadcloth and chullis prints also appropriate. Size 8 requires 2⅞ yards of 36-inch material. Pattern price 25 cents in stamps or coin (coin preferred). Wrap coin carefully.

How To Order Patterns

Address: Winnipeg Newspaper Union, 175 McDermot Ave., Winnipeg

Pattern No..... Size

Name

Town

Another British Stronghold

Harbor At Malta One Of World's Greatest Naval Stations

The island and harbor at Malta, under British management has been converted into one of the greatest naval and coaling stations in the world. In strength and impregnability it is said to now rival the famous rock of Gibralta.

The old fortifications were useless against attack of modern aircraft, and the British have completely altered the naval batteries and land defenses of the islands. Today they are among the most formidable in the world.

A large military and civil airdrome has been constructed at Hal Far, making another link in Britain's world-wide system of air communication. A floating dry dock, capable of accommodating the largest vessels in the world, as well as new refitting yards, large magazines and many other improvements, have been completed.

Malta is the headquarters of the British Mediterranean fleet, probably the most powerful flotilla of warships afloat, and is also one of the most important ports of call in the world. It lies midway between Gibraltar and Port Said. Although in area Malta is three times the size of Manhattan Island, it has only one-tenth the population of the Borough of Manhattan. The last census showed less than 225,000 inhabitants.

KEEP YOUR BABY HAPPY AND WELL

Every mother wishes her child or children to be well and happy; to be bright-eyed, rosy-cheeked boys and girls. No mother, though, can expect her children to escape all the ills of babyhood and childhood, but she can do much to help them fight the battle for health.

All prudent mothers constantly keep at hand the means of aiding their little ones when sickness comes suddenly—as it generally does in the case of children. In every home where there are infants and young children Baby's Own Tablets should be found. Read what Mrs. Mary Hill, Centre Dummer, Ont., says concerning these Tablets:—"I am the mother of six children and would not be without Baby's Own Tablets. They are a wonderful medicine for little ones."

Baby's Own Tablets are a mild but thorough laxative which regulate the bowels and sweeten the stomach and thus break up colds and simple fever, banish constipation and indigestion and allay the irritation accompanying the cutting of teeth. They are absolutely safe and are pleasant to take. The Tablets are sold by all medicine dealers or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

GRIDDLE CAKES

Who doesn't like griddle cakes? From father to the youngest member of the family, every one clamors for more—when they are tasty! Here is a tested recipe:

1 cupful Borden's St. Charles Milk.
1 cupful water.
2 tablespoonfuls melted butter.
1 egg, well beaten.
3 cupfuls white flour.
1 teaspoonful salt.
4 teaspoonfuls baking powder.
2 tablespoons sugar.

Combine the milk and water, add the shortening, sugar, and the egg, and beat in the dry ingredients which have been sifted together. Beat thoroughly and fry as usual on a slightly oiled griddle, or on an unoiled aluminum or soapstone griddle. If very thin cakes are desired, add two more tablespoonfuls of St. Charles milk and water. For further interesting recipes write for the Borden Cook Books, addressing The Borden Co., Ltd., Dept. WL, 119 St. Paul St., Montreal.

Just about the time you wonder why someone has escaped the penitentiary so long, he comes out as a candidate for some important office.



ENDURANCE

Children and adults steadily increase in vigor and endurance on health-giving

Scott's Emulsion

It is invigorating cod-liver oil that tastes good and builds up body and strength effectively. Always use Scott's Emulsion!

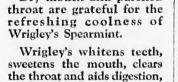
Scott & Bowne, Toronto, Ont. 25-65



Dry mouth and parched throat are grateful for the refreshing coolness of Wrigley's Spearmint.

Wrigley's whitens teeth, sweetens the mouth, clears the throat and aids digestion, while the act of chewing calms and soothes the nerves.

WRIGLEY'S



after every meal

C.G.43

Good Market For Whitefish

Calgary Man States U.S. Favors Great Slave Lake Product

People in Chicago may soon be eating Canadian whitefish purchased on their home market for 15 cents a pound, according to W. J. Madden, of Calgary, Alta., who was in Montreal recently making necessary rail transportation arrangements.

The fish will be caught in Great Slave Lake, a lake which provides almost virgin fishing waters, according to Mr. Madden. He stated that it abounds in whitefish, a food that is looked upon with favor throughout the United States. He plans to operate a number of five-ton trucks over the ice to Slave and Athabasca rivers to Waterways, and then to Chicago by rail, taking about four days in all to complete the journey.

At present, however, the open season for whitefish in Canada ends in February, and Mr. Madden went to Ottawa to seek an extension of the season to the end of March. He believes that if this extension is granted, Chicago will provide an active market for whitefish during the Lenten season.

Persistent Asthma. A most distressing characteristic of this debilitating disease, is the persistence with which recurring attacks come to sap the strength and leave the sufferer in a state of almost continual exhaustion. No wiser precaution can be taken than that of keeping at hand a supply of Dr. J. D. Kellogg's Asthma Remedy, famous as the most potent remedy for eradicating the disease from the tender air passages.

Canada Early Prize Winner

That Canada early took foremost place in fish culture is indicated by the fact that in 1883 at the Great International Fisheries Exhibition in London, she carried off the highest award, namely, the gold medal and diploma for the best and most complete fish-breeding establishment in the Exhibition.

Children suffering from worms soon show the symptoms, and any mother can detect the presence of these parasites by the writhings and fretting of the child. Until expelled and the system cleared of them, the child cannot regain its health. Miller's Worm Powders are prompt and efficient, not only for the eradication of worms, but also as a toner up for children that are run down in consequence.

"Daddy," cried the doctor's small son, "I want a drink."

"Sorry," murmured daddy, sleepily, "but I'm all out of prescription blanks."

"The Germans have built a car that will run one mile on half an ounce of gas. Those Christmas cigarette lighters will come in handy yet.

Stop the Cough. Coughing is caused by irritation in the respiratory passage and is the effort to dislodge obstructions that come from inflammation of the mucous membrane. Treatment with Dr. Thomas' Eclectric Oil will allay the inflammation and in consequence the cough will usually stop. Try it and you will be satisfied.

"So Barker is doing a cash business and making lots of money."

"Yes, he's feathering his nest with down payments, so to speak."

Minard's Liniment for Coughs and Colds.

Canada As Good Example

Might Well Be Followed In Many Ways Says London Weekly

Not only in regard to penny postage, but in other respects as well, Canadian ways are not infrequently held up as an example that might well be followed in the Mother Country. Two instances have been noticed recently. At an inquest in Brixton, in the case of a young woman who was killed by a steam wagon while attempting to board a tramway car, the jury added to their verdict of "accidental death" a rider that "the rule in operation in Canadian cities whereby all traffic on the near side of stationary tramway cars must stop until the tramway car proceeds is an excellent one and conducive to the preservation of human life." Following this, the coroner said he also wished the Canadian rule was enforced in London, remarking it was better to have some congestion of traffic than to sacrifice human life.

The other instance occurs in the course of an article by Mr. Arthur Collins in the Municipal Journal. He says: "Had I my way I would undertake a mission amongst our leading counties and cities to prevail on them to send a representative body of surveyors to the United States and to Canada, in order that they should see the developments which are taking place in road construction and improvements in and around the great cities. In parts of Western Canada the roads were a source of wonder to me. Having expected very primitive conditions, I found a network of roads which stand well in comparison with most of the country roads in England and Wales."

This is a statement that might well be noted by motorists as well as local authorities. We might supplement this hint by adding the advice that when a tour in Canada is being planned the Natural Intelligence branch of the Department of the Interior, Ottawa, should be consulted as to routes, etc.

Old-Time Athletics

An oldtimer was complaining that the schools devote too much time to athletics nowadays. "Well," someone asked, "what did you old-timers do when you went to school?" "We had fights," replied the old reactionary.

Wine-making is the principal industry of Portugal.

Minard's Liniment prevents Flu.

The only exercise some men get consists of turning over new leaves.

for COLD-SORES
Chapped Hands
Chilblains &c.
Zam-Buk
SOOTHES · PURIFIES · HEALS

HOMEWORK—ADDRESS, MAIL cards, envelopes. Particulars 50c. to avoid trifters. Sellers Mailing Service, Walton, Ont.

FREE EXHIBITION
Of Canadian Handicrafts
AT REGINA, MARCH 20-23rd.

The following articles are suggested, but the exhibition is not restricted to these items. Any article of handicraft well executed will be accepted.

Batik, basketry, china painting, embroidery, designing, lace, leather-work, metal-work, pottery quilts, rugs, sewing, weaving, etc.

Articles entered for exhibition may be placed on sale if desired.

Write for information and entry forms (no entry fees) to

Secretary, Canadian Handicrafts Guild
Hotel Saskatchewan,
REGINA, SASKATCHEWAN

Alberta's Sheep Values

The value of sheep on the farms and ranches in Alberta, which is now the third province in Canada in point of sheep population, is nearing the 5,000,000 mark, according to a bulletin issued by the University of Alberta.

Keep Your Health
TO-NIGHT TRY
Minard's Liniment
for that cold and tired feeling. Get Well—Keep Well.

KILL FLU
by using the OLD RELIABLE!
Minard's Liniment Co., Ltd., Yarmouth, N.S.

Automobile license plates in Japan have Arabic numerals with a Japanese character in front, giving the name of the district whence came the machine.

Thunder does not sour milk, but the same condition of the atmosphere which causes thunder does sour milk.



In Daily Use
over all the world

THOUSANDS of women have come to regard **Cuticura** as the true natural aid to a lovely skin and attractive hands and hair. Regular daily use of **Cuticura Soap,** assisted by **Cuticura Ointment** when required, purifies and beautifies the skin, cleanses the scalp and keeps the hair live and glossy.

Soap 25c. Ointment 25c. and 50c. Talcum 25c. Sample each free. *Address Canadian Depot:*

J. T. Wilt Company, Limited, Montreal.

Cuticura Shaving Stick 25c.



Keep Foods Deliciously Fresh

Keep your foods—cakes, bread, pies, cut meats, etc. —under a covering of Para-Sani Heavy Waxed Paper. You'll be amazed at the length of time they'll stay *fresh...delicious!* Para-Sani keeps them from staling. Get Para-Sani in the handy, sanitary knife-edged carton. For less exacting uses ask for Appleford's "Centre Pull" Packs in sheet form.

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HAMILTON ONT.

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ROYAL YEAST CAKES

STANDARD OF QUALITY FOR OVER 50 YEARS

HOME-BAKED BREAD IS BEST OF ALL

THE CRIMSON WEST

— BY —

ALEX. PHILIP

Published by Special Arrangement With Thomas Allen, Publisher, Toronto, Ont.

CHAPTER XIV.—Continued.

Hand stripped to the waist. Connie's eyes rested on the mighty frame of this huge blond; the bunched and rippling muscles, the great chest covered with a mat of thick hair, and the enormous limbs. Her glance then turned and roved to the man who was to fight for her honor. Donald's eyes were like burning coals. His face had regained its color, but was contorted with a passion that made him seem unnatural. Yet he appeared a mere stripling in comparison to his burly antagonist.

For a moment Connie became a primitive woman. She felt as though she could rend and tear. Her eyes darted like lightings of wrath toward the man who had insulted her, and her small hands clinched in impotent fury. Her nails cut into her palms as she exercised every ounce of self-control to keep from screaming aloud. Donald was fighting for her. She caught her breath in a quick stab. Her heart was beating with alternate throbs of joy and fear. A sudden fit of trembling seized her, and her head felt light and giddy.

Hand's reputation as a rough and tumble fighter was well known throughout the province. It was his proud boast that he never had been whipped. He advanced now, a sinister leer on his face. Andy ran to Donald's side.

"Box 'im, Donnie," he whispered. "Don't let 'im get 'old on you."

"You goin' to vip me? De dude goin' to vip me? Ach!" scoffed Hand in guttural accents.

He came slowly forward with arms spread wide, his thick fingers working convulsively. Donald leaned slightly forward and waited. As he neared him, Hand tore in, sure of himself in the rough and tumble. Donald side-stepped the big man's first rush and shot his left to his face. He was not properly set for the blow, but it stung Hand to madness.

"Ach!" he grunted, "stand and fight you d—— coward!"

He came on, his arms swinging wildly. Leaping aside, Donald's heel struck a stump, and before he could regain his footing the giant's arms were around him in a bone-crushing grasp. His hands were clasped at Donald's waist, and the big head was pressed suffocatingly against his throat. Donald was forced slowly backward to strike the ground with a thud, the big man on top.

"Now I got you!" panted Hand as he released his hold on Donald's waist and aimed a blow at his face. With a quick movement the under man turned face down. Hand struck him viciously as he lay prostrate under him.

Connie's eyes were wide with horror, and a muffled scream escaped her lips as the blow fell.

With a quick, convulsive movement of his lithe body Donald threw Hand from his back and sprang to his feet. Whirling quickly as the foreigner came toward him, he sent in a volley of blows to his opponent's face. Hand staggered, but did not fall. His lips were cut and bleeding, his nose was broken; and he spat out several broken teeth. Any one of the blows landed was sufficient to send an ordinary man down for the count, but still the gargantuan giant came on.

In and out Donald flashed, his arms moving like steel pistons. Hand could not keep away from the punishing left hand of his lighter opponent. Men not trained in the science of boxing have no punishing power in their left hand, but depend solely on their right. Such was the case with Hand. His style did not vary for a moment. With head lowered between his powerful shoulders, he would bore in, swinging wildly in the hope of landing a lucky punch, or striving to get a hold on his adversary. Donald's hand kept beating a tattoo on his rock-like jaw, but still Hand came forward, slowly and relentlessly as a steam-roller.

Crowding Donald back to the line of tense spectators, Hand rushed him into the scattering crowd and seized him in a rib-cracking embrace. Donald broke the hold, but not before the brute had butted him over the eye. With the blow Donald's senses reeled and the blood gushed from a wide gash on his brow. A blow from the foreigner's big fist then caught him over the heart and sent him staggering to his knees. With a curse the big man came after him.

Andy shouted hysterical words of advice.

Donald came slowly to his feet and mechanically side-stepped as Hand came stumbling toward him. Donald evaded him until his head cleared, and then summoned his remaining strength into one mighty blow that landed flush on his opponent's midriff. The blond beast came to his knees with a dull grunt.

"Go after him!" yelled excited voices from the crowd.

Donald stepped forward with fist drawn back to strike the kneeling man, but his arm fell to his side and he shook his head. "Get up!" he commanded hoarsely.

Even the strikers gasped their appreciation of this honorable act. A murmur of applause came from both sides. The foreigner shook his shaggy blond head and came uncertainly to his feet and the sanguinary battle went on. Both men were tired. Hand's breath was coming in short-clucking gasps from his tortured lungs, and his face was one smear of blood. Donald's left eye was closed; his lips were split, and the gash over his eye had covered his body with blood. His arms were tired from pounding the iron jaw of his adversary. The big logger's strength was waning; the pounding administered by Donald was beginning to tell. But Donald was too weak to avoid the rushes. In a clinch Hand again butted him with his head.

Blackie, his eyes blazing, leaped forward with a peavy handle in his hand. "You fight fair, d—— you, or I'll brain you!" he shouted. One of the strikers attempted to wrest the peavy handle from his hands. Blackie felled him with a blow of his fist. It looked for one tense moment as if there would be a general melee. There came sullen mutterings from the crowd of strikers.

"Back!" John Hiller's voice rang out sharp and clear. "I'll kill the first man that interferes!" The eyes shining over the longbarrelled Colt held a dangerous glint. The men who had moved to the centre backed away hurriedly.

Back and forth the combatants struggled, neither gaining any decided advantage, each trying to land a blow that would end the battle. Reeling, gasping, striking, failing to their knees from sheer weakness, the men fought on under a burning noonday sun.

No knight of old ever fought more nobly for a fair lady's honour than did Donald McLean that day by the lake-shore. His undershirt was torn to tatters, showing his white skin blotched with welts and bruises. He was losing his sense of distance Swinging wildly with his left, his wrist struck Hand's adamantine jaw and the onlookers saw his face writhe in pain as the arm fell helplessly to his side.

"He's broken 'is 'and," groaned Andy.

"Oh, stop it, Andy, please stop it!" sobbed Connie, her arms held out in entreaty.

Donald's face turned a ghastly grey, and as the well-nigh sightless foreigner staggered weakly toward him, he with a strength born fo agony whipped his right to his opponent's sagging jaw. The big man faltered, sank slowly to hands and knees, then stretched at full length, his face pressing the soil, quivered and lay still. No sound came from the crowd. The thing had been too stupendous for immediate shouting or applause. Donald stood for an instant swaying uncertainly, then turned to stumble toward his cabin.

Blackie sprang to the top of a stump and swung his hat in the air. "Three cheers for our boss!" he yelled wildly.

A roaring cheer came from the crowd with a right good will.

"Boys, let's go back to work!" shouted Blackie.

"We're with you, Blackie!" they answered.

Gillis reached Donald's side as he tottered into the cabin and caught him in his arms as he collapsed into unconsciousness. The big man picked him up tenderly and placed him on the bed.

"Get some 't water and towels and telephone for Dr. Paul," commanded Andy tersely.

As Gillis left to fill Andy's commission, Connie fell on her knees by the bedside and wept with wild and passionate violence. "Oh, Donald! Donald!" she sobbed, "you fought for me. I love you! I love you! Oh Andy," turning her streaming eyes to the little man, "he won't die, will he? Tell me he won't die!" Her trembling fingers were smoothing Donald's dark hair, and she kissed his battered face tenderly, all the while calling his name hysterically.

With tears in his eyes and a heart full of sympathy, little Andy looked down on the recumbent form of his unconscious friend. "'E's all right Connie. 'E'll be all right in a few days," he answered her in a choking voice.

(To Be Continued.)

Recipes For This Week

(By Betty Barclay)

PINEAPPLE JELLY

1 tablespoon gelatine.
¼ cup cold water.
½ cup boiling water.
½ cup canned pineapple syrup.
3 tablespoons lemon juice.
⅔ cup sugar.
3 tablespoons pineapple cubes.
3 tablespoons Maraschino cherries
3 tablespoons cut walnut meats.
3 tablespoons cubes of orange.

Soak gelatine in cold water; dissolve in boiling water, and add pineapple syrup, lemon juice, and sugar. When gelatine is beginning to get stiff, stir in the fruit and nuts, on which there should be, in all, three-fourths of a cup. Turn into a mold, and chill.

MOCK DUCK (Norwegian)

2 pork tenderloins.
2 tablespoons butter.
1 cup sweet cream or very rich milk.
5 boiled prunes.
1 cup thick sour cream.
2 apples.
Salt and pepper.

Cut tenderloins half through lengthwise. Open and pound flat. Cut apples in thin slices, cover the tenderloin. Remove stones from prunes and put over apples, add seasonings and cover all with second tenderloin. Roll and tie securely. Brown in butter. Pour on a little broth, the sweet and sour cream, and cook slowly for one hour.

W. N. U. 1773

PHILLIPS MILK OF MAGNESIA

For Troubles due to Acid INDIGESTION ACID STOMACH HEARTBURN HEADACHE GASES-NAUSEA

When Food Sours

About two hours after eating many people suffer from sour stomachs. They call it indigestion. It means that the stomach nerves have been overstimulated. There is excess acid. The way to correct it is with an alkali, which neutralizes many times its volume in acid.

The right way is Phillips' Milk of Magnesia—just a tasteless dose in water. It is pleasant, efficient, and harmless. It has remained the standard with physicians in the 50 years since its invention.

It is the quick method. Results come almost instantly. It is the approved method. You will never use another when you know.

Be sure to get the genuine Phillips' Milk of Magnesia prescribed by physicians for 50 years in correcting excess acids. Each bottle contains full directions—any druggist.

Teeth and Health

Issued By The Canadian Dental Hygiene Council and Published By The Saskatchewan Dental Society

GINGIVITIS

Meaning what?

It is—a suffix, implying inflammation and gingiva—the soft tissue immediately encircling the tooth.

This, then, is an inflammatory condition of the gum tissue, adjoining the tooth.

Consult your mirror: Notice how snugly these tissues hug the tooth surfaces in health, filling the interstices and guarding the supporting structures from injury and disease.

Now you will have observed that the gingivae are not attached to the tooth surfaces for a short distance down and hence, are "free"; also, that their color in health is a lustrous pink.

But the inflammation appearing, you have a rush of blood within—and soreness develops, so that you readily perceive that they are far from the state of health.

Now what might cause this?

It may be that some body disturbance is accountable. General ill-health, diseases of organs or glands concerned in body welfare such as diabetes, or run down nervous system may lead to this disorder.

Among the more positive causes, filth and tartar no doubt play a part; the wedging of food between teeth with faulty contacts, and disease producing organisms are all held responsible.

If, for any reason, there is a slight opening between two teeth, food which is tough and stringy will be crowded into the space and cause pressure upon the underlying tissue. A single such occurance may do but little harm provided the food is promptly removed, but where there is this repeated pressure and irritation, the tissue is inflamed much of the time. Similarly the crowding of "tartar" upon these tissues or repeated injuries from whatever source will set up this process.

It is in these gingival tissues then, that the initial injury may occur which, if neglected, frequently leads to the infective process known as pyorrhoea. So that any inflammatory condtion or tenderness of the gums should receive early recognition, and have prompt remedial treatment at the hands of your dentist.

Has Increased Crop Area

In Manitoba there is one tractor for every 4.6 farms; in Saskatchewan one for every 4.7 farms and in Alberta one for every 7.5 farms. The mechanical equipment has been a material factor in the large increase in area under field crops in the prairie provinces, which has increased from 3,600,119 in 1900 to 38,858,263 acres in 1928. Practically 8,000,000 of this increase has taken place since 1920.

Magistrate (dealing with New Year's Eve episode): "Who was driving when you collided with the other car?"

Merry Motorist (triumphantly): "None of us; we were all in the back seat."

In the Law Courts, London, there are 1,100 rooms, a printing press and a blacksmith shop.

To believe with certainty we must begin by doubting.—Stanislaus.

Bracing Breakfast for Bitter Weather

SHREDDED WHEAT

Serve with piping hot milk - Doesn't overload your stomach -- Makes you alert and active - fine for youngsters

Made by The Canadian Shredded Wheat Company, Ltd.

Belongs To Middle Class

Sun Is Ordinary Star In Scale Of Brilliancy Says Astronomer

The sun is a very humble unit amid the great stellar population according to A. S. Eddington, the astronomer.

It is, he says, a very ordinary star about midway in the scale of brilliancy. We know of stars which give at least 10,000 times the light of the sun; we know also of stars which give 1-10,000 of its light. But those of inferior light greatly outnumber those of superior light.

In mass, in surface temperature, in bulk, the sun belongs to a vry common class of stars; its speed of motion is near the average; it shows none of the more conspicuous phenomena such as variability which excite the attention of astronomers. In the community of stars the sun corresponds to a respectable middle class citizen.

It happens to be quite near the centre of the local star cloud; but this apparently favored position is discounted by the fact that the star cloud itself is placed very eccentrically in relation to the galactic system (the Milky Way), being in fact near the confines of it. We cannot claim to be at the hub of the universe.

Little Helps For This Week

"Strengthened with all might, according to His glorious power, unto all patience and long-suffering with joyfulness."—Colossians i. 11.

I longed to gird the harness on
To work with might and will;
Stern was the voice that said to me,
My child, wait and be still.

He only knoweth how to serve,
Who knoweth how to wait;
Thus test I all who wish to work
Within my vineyard gate.
—Mary Frances Butts.

Working or waiting, our souls will hang on Him. And waiting, as we must recognize and remember, is a sacrifice of self, a real martyrdom no less than working. To win the soul in patience, to bear the trial of delay, to watch for the dawn through the chill hours which precede it, to keep fresh and unsullied the great hope that Christ will come, is a witness to the powers of the unseen world, which the Spirit of God alone can make possible.

—Brooke Foss Westcott.

No country can approach Canada in the use of the 'plane in protective forest control.

Simple Precautions Against FLU Sore Throat — — The Danger Signal

Health Authorities Point Out The Necessity Of Treating The Simple Cold At Its Beginning

Nearly every case of "Flu" starts with a simple cold. At first the throat is sore—often just a little hoarse—soon the infection goes lower—then the chest is affected. A safe plan is to gargle the throat three times daily with "Nerviline"—this will keep the throat free from germs. If there is any sign of tightness in the chest, rub on Nerviline—every drop will penetrate deeply—congestion will be relieved—the cold will break up quickly. Many a dangerous case of "Flu" can be avoided by this simple home treatment.

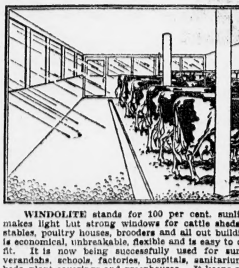
Of course it is always wise to take some relaxing medicine, and for this purpose immediate results will be secured from Dr. Hamilton's Pills—they purge the system of impurities and carry off a lot of disease—breeding wastes.

This combination treatment of Nerviline and Dr. Hamilton's Pills is very effective for Grippe, Influenza, Bad Colds, etc., and can be relied upon to give very satisfactory results.

WINDOLITE

The Improved Glass Substitute

MADE IN ENGLAND



WINDOLITE stands for 100 per cent. sunlight. It makes light but strong windows for cattle sheds, dairy stables, poultry houses, brooders and all out buildings. It is economical, unbreakable, flexible and is easy to cut and fit. It is now being successfully used for sunrooms, verandahs, schools, factories, hospitals, sanitariums, hot beds, plant coverings and greenhouses. It keeps out cold —will not crack or chip.—cuts with an ordinary pair of scissors and is easy to fit. WINDOLITE is supplied in rolls any length but in one width of 36 inches only. A square yard of WINDOLITE weighs about 14 ozs., while a square yard of glass of ordinary thickness, weighs about 125 to 140 ozs. The improved WINDOLITE requires no varnish. WINDOLITE is made in England.

Price $1.50 Per Square Yard, f.o.b., Toronto.

Use WINDOLITE and let YOUR PLANTS YOUR CHICKENS YOUR CATTLE Bask in 100 % Sunlight

Send for booklet "WINDOLITE"

COMES WITH A MESSAGE OF HEALTH

THE sun is the all-powerful life producer, Nature's universal disinfectant and germ destroyer, as well as stimulant and tonic. WINDOLITE is the sun's most important ally.

Medical research has definitely proved that from the point of view of Health and Hygiene, the most effective among the sun's rays, are the Ultra-Violet rays, which possess the greatest power for the prevention and cure of disease and debility.

Science has further established that ordinary window glass does not allow the passage of Ultra-Violet rays, so that by using glass we are artificially excluding these vital health-giving rays. Therefore, the invention of WINDOLITE has completely satisfied the long-felt want. Exhaustive experiments have conclusively proved that it is a most effective substitute for glass, that it freely admits the Ultra-Violet rays, and that its use has a most beneficial effect on the growth and development of plants and chickens and on the well-being of cattle, enabled for the first time to have healthy light instead of darkness in their sheds.

Indeed, the discovery of WINDOLITE has during the last six years completely revolutionized gardening, given a new stimulus to poultry breeding, increasing the egg-laying capacity and fertility of chickens, has greatly improved the health of cattle and is now being used in domestic and household requirements.



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THE EMPRESS EXPRESS

Published in the interests of Empress and District

E. S. Sexton A. Heskin
Proprietors

Thursday, Mar. 21 1929

Mrs. Wm Pullin; has been very ill during the past week.

Ernie Fountain is now convalescing after a lengthy illness.

E. W. Babin, inspector of C. Division A.P.P., was in town Wednesday, last week, on an inspection visit to the Empress Detachment.

Jack McNeill, returned on Tuesday of this week from Calgary. We understand that Mrs. McNeill and family are to return on Friday

J. F Schofield is now fixing up the Geo. Martyn store ready f business.

A number from Bindloss and Pedate and other places attended the Masquerade.

Norris Storey made a car trip to Lovern, today. He reports that about three inches of snow fell in the district north of Alsask, Wednesday.

The Castle Coombe W.M.S will meet at the home of Mrs Wm. Rowe on Sunday, March 24th at 2 p

Mrs. Wh entertained the boys of her Sunday School class, "The Trail Rangers" at the Show on Friday night, after which they had lunch at the Dominion Cafe. Mrs. Whaley is leaving town, and the boys as a testimonial of their appreciation, presented Mrs. Whaley with a very nice silk scarf.

Forest Frost is said to be im proving in health.

The auction sale of Mrs. Geo World's farm stock and effects on Monday is reported a good success.

The two younger Arden children are reported as being confined to the house with illness.

Mrs. T. Wallace, of Strathmore, was the guest of Mrs. W. R. Brodie during the past week, leaving this morning for her home.

T. C. Rogers is holding an auction sale of his farm stock and equipment on Tuesday, April 2, commencing at 2 p.m D. Lush is the auctioneer.

Bill Stothers reports on going a round of the golf course a week ago and finding it in excellent condition, all things considered.

The ladies of St. Mary's Guild will hold their annual Tea and Flower Sale on Saturday, March 30, from 3 p.m. to 6 p.m, in the Municipal Building. Orders for cut flowers and potted plants may be left with Mrs. D Lush.

Trees For The Prairie Home
(cont. from last week)

ian honeysuckle has attraction when in bloom its special beauty is from the colored berries which remain to Fall. Several varieties of common lilac offer colors from white to purple. High bush cranberry produces clusters of white flowers followed by white berries which adhere firmly to the shrub. Mountain ash is attractive all season with its particular leaf formation and its clusters of red berries remain till late Fall. Spirea Van Houttei is an acknowledged favorite with its masses of white flowers in June.

Mr. and Mrs. Mansell Leach arrived from Regina, Wednesday.

Dr. A. K. McNeill
(Dr. D. N. MacCharles)
Physician and Surgeon
Phone 44
Office - - - Centre Street

DENTIST
Dr. DOWLER
Wednesdays, Thursdays and Fridays
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agent for
Mason & Risch Pianos, Gramophones, Orthophonics, etc.
PIANOS TUNED
Empress : : Alberta

For Sale
Registered Shorthorn Dual Purpose Bull, for sale, 2½ years old, with good papers.—Apply, Box 35, Empress.

BABY CHICKS
... Barred Rocks, 100 per cent ... Leghorns, $18.00 per 100; Anconas, Barred Rocks, $18.00 per 100; Rhode Island Reds, $19.00 per 100; Wyandottes, White Rocks, Buff Orpingtons, $20.00 per 100. 12 months Poultry Course Free. Chicks from Pen Matings, 25c. each. Incubators, Brooders. Free Catalogue. First Hatch, March 4.—ALEX. TAYLOR'S HATCHERY, 362 Furby St., Winnipeg.

DOMINION CAFE
FIRST - CLASS MEALS
... ROOMS
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Candies, Cigars, Cigarettes
ICE CREAM & SUNDAES
Dance and after theatre lunches
A Place of City Style

Coal, Wood, Contract Work or
GENERAL
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Light or Heavy Work
Transfer to and from C.P.R. D...
Imperial Oil Agent
H. FOUNTAIN
Prompt attention given to all work
Phone No. 9

For Private Sale
Dining-room Suite; Kitchen Stove; Car, Chevrolet Coach; Kitchen Tables and Chairs; Brass Bed.—Apply, Mr. D. Milne, Empress.

For Sale
Three or 4-furrow Engine Gang Plow, John Deere, breaker and stubble bottoms, $128.00. 24-run Cockshutt Drill, power lift, 1928 model, sowed about 300 acres, $200.—Fred. Steinley, Empress, Alta., (old Henry Cole farm).

NOW is The Time of Year
to INSURE against
SICKNESS and ACCIDENT
See
R. J. NICKEL for his
Special, 1 month only, terms in Continental Casualty Co.
Claims promptly adjusted.
One of the best Companies on the Continent

THE RIGHT AUCTIONEER Means Dollars To You
I will ... you my very latest and best sale service ... live and big live price.
... phone at my expense.
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ALSASK Phone 116 Sibbald—SASK.
MY MANY CLIENTS ARE MY BEST BOOSTERS

Be Prudent! One swallow does not make a summer
Keep a Supply of our
High-grade Coal
In Your Basement
MIDLAND COAL

The PICK of DRUMHELLER
Imperial Lumber Yards Ltd.
BUILDING SUPPLY DEALERS

McCormick - Deering Tractors
See us for Prices and Terms on this desirable tractor.
Also for Trade-Ins.
Agent for British-American Gasoline and Oils
J. F. SCHOFIELD
At Geo. Martyn's Old Stand

Starts today
Sweeping a Clearance of Good Used Cars
Look at these Values

1927 Chevrolet COACH, in A1 condition - 550.
1927 Chevrolet SEDAN in A1 condition - 650.
1928 Pontiac LANDAU Sedan Demonstrator 1080.
1928 Pontiac SEDAN new. Priced to clear at 1080.

BUSINESS has been exceptional! The Outstanding Chevrolet of Chevrolet History has broken all sales records. New cars ordered for spring delivery are on their way in. Used Cars . . taken in trade . . *have to go out.*

They're good cars . . turned in earlier than usual because the Chevrolet Six is so irresistible. They're wonderful values—mile for mile the cheapest motor car transportation you've ever had offered you.

But they have to go this month to make way for spring business—Hence this great nation-wide Used Car Sale by Chevrolet Dealers throughout Canada. Learn the sensationally low prices and you'll realize every Used Car is marked for quick clearance.

CS-3-A-28B

NORRIS P. STOREY,
EMPRESS ALBERTA

CHEVROLET DEALERS National for ONE MONTH USED CAR SALE

EMPRESS THEATRE
TIM McCOY
IN
"THE BUSHRANGER"
with
MARION DOUGLAS
A Robin Hood of the Australian "bush"----*here's as exciting a role as Tim McCoy has ever had!*
You must see him make his escape and outwit his pursuers with the native weapons of boomerang and bullwhip! It's a new thrill, just one of scores!
A Passed "U" Picture
Commencing at 8 p.m.
Prices: 50c. and 25c.

It Will Pay You:
If you are interested in power-machinery, to enquire about the New
Wallis Tractor
We will be pleased to answer and have your enquiries
R. A. POOL

Don. MacRae's Specials
5 packages of Jelly Powder and fancy china cup and saucer, at .55
Herrings in Tomato Sauce, 4 for .75
Evaporated Loganberries, 3 pac. for - - - - - .95
Steele Briggs and MacKenzie's Seeds
Now On Display

Men's Grey Jersey Gloves
reg. 35c pair, Special 2 pr. 55c
Dozen pair - - 3.00
Men's Khaki Cord Trousers
Reg. 3.25 pr. Special - 2.00
COARSE SALT
50 lb. Bags - - - - .90
W. R. BRODIE